

HERETAUNGA TRAMPING CLUB PO BOX 14086 MAYFAIR HASTINGS

www.htc.org.nz

POHOKURA – Bulletin No 223

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Truck Phones - **HTC 1 = 027 4386475 HTC 2 = 027 4386474**

Club Meetings: These are held every second Wednesday (before a tramp) at the Hastings Harrier Clubrooms in Sylvan Road, Hastings. Doors open 7:25pm, visitors are most welcome. 50 c donation gratefully accepted each meeting towards hall hire (*place in the old boot*).

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TRAINING BULLETIN – Food For Thought

Tramping requires lots of energy, and if you are in challenging terrain or cold weather then you will need even more energy. On average we need 3,000 to 5,000 calories each day if we are involved in vigorous activity.

There are 3 main classes of food:

PROTEINS are important for the repair of muscle and tissue.... sources of Protein include meat, cheese, eggs and milk powder.

FATS have the highest energy content per gram and are slowly digested.... sources of fat include butter, bacon, cheese, salami, chocolate and full cream milk powder.

CARBOHYDRATES are rapidly digested and some provide almost instant energy.... foods rich in carbohydrates include sugar, honey, bread, muesli, oatmeal, rice, macaroni, spaghetti, sweets and dried fruits.

Generally you should eat proteins, fats and carbohydrates in the proportion 1:1:4 however, when active or in challenging weather conditions proportions should approach 1:2:3.

Food also has considerable emotional and psychological effects. When planning food you should consider your likes and dislikes. On extended trips variety and quantity is important. It's a good idea to carry fresh fruit as a treat after the monotony of dehydrated foods. Take some form of 'treat' for special occasions like reaching the highest point of the trip.

Of course you are limited by your cooking facilities so get together with others to share billies, gas cookers, utensils and some of your meals.

Dehydration can cause major problems when tramping. Sweating or hot weather will reduce the amount of fluid in your body, so replacing this fluid regularly is paramount. Ensure you spread your fluid intake evenly throughout the day. Don't rely on huts to provide good water, check your maps and plan ahead for water supplies. Even tussock tops can have underground water supplies if you know where to find them. Always carry bottles with you. Powdered fruit drink can add variety.

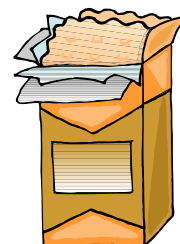
BREAKFAST IDEAS: a good breakfast would be porridge or muesli with full cream milk and sugar followed by a hot drink. Other alternatives are wholemeal bread, butter, cheese or peanut butter. Eggs are a good source of fats and proteins but they are difficult to carry unless you boil or scramble them. Remember, this is an important meal to set you up for an active day.



LUNCH IDEAS: wholemeal bread, dried or fresh fruit, spreads such as peanut butter or jam, biscuits, cake, carrot, salami, tuna, cooked bacon etc. You will want your lunch to be easy, especially in cold or wet conditions where you do not have shelter.

MAIN MEALS: on weekend trips you can enjoy meat and vegetables. On longer trips, where weight and volume are a consideration, you will need to plan your meals round dehydrated foods such as soups, noodle meals, pasta or rice meals, freeze-dried meats, curries and stews.

And of course there is instant pudding, rice pudding, custard or jelly for the all important dessert.



SNACKS are important sources of energy so you should carry plenty of chocolate, nuts, sweets, dried fruit and snack bars.

ENJOY !!

(From the MSC Bushcraft Manual)

TRIP REPORTS

#1949	Makahu Saddle - Kaweka	23 April 2006
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Makahu Saddle (Car Park), Iron Whare, Makahu River, Kaweka Rd

Ten of us left Pernel at 6am, picking 4 people up at EIT Taradale on our way to Makahu Saddle car park. Our planned trip to Kaweka J became less likely the closer we got as more cloud came in.

On discussion we decided to keep to the lower levels and at 8.15am headed for Kaweka Flats. Because of light drizzle we carried on past Kaweka Flats bivy and had smoko in the beech trees. Another ½ hour found us at Iron Whare (11am).

Four people went back the way we had come, 10 followed the ridge down into the Makahu River. After our third smoko we ascended the ridge opposite, taking us to the fire pond on the Quarry Road (2.40pm).

We walked a couple of kilometers along Kaweka Rd before meeting the truck, ending an enjoyable day's tramping.

Thanks to Lex for driving and everyone for their enjoyable company.

Our club botanists were in good form finding many fungi and orthoceras (bird) orchids.

Ken Nugent

Party: Roger Burn, Gary Smith Ray Manning, Jeff Robinson, Mike Lusk, Bobby Couchman, Mary Gray, Marion Nicholson, Graeme Hare, Glenda Hooper, Hilary and Brian Hebron, Lex Smith, Ken Nugent.

#1950	Longview Hut - Ruahines	6 May 2006
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The prime trip for this weekend was an A party crossing the Ruahines west to east and a B party doing a loop Rangiwahia to Triangle Hut and then coming around to pick up the A party. Both of these did not proceed, but the Sunday, 'Local Day Trip – Longview Hut', was well supported by a party of fourteen.

Rather than going by the direct ridge to Longview we carefully parked the truck on the side of the road and started on the track to Daphne Hut so we could have a "round trip". To involve everyone in the day, at lunch time I told the team they would, by telling me of a highlight of the day, produce the trip report.

Both Rodger and Peter commented on the luxuriant mosses and magnificent red beech on the Daphne Hut track. Sue was pleased to be tramping in areas she had never been to before, though because of the mist on the tops our plan to go to Otumore was shelved. Our lunch stop was at Longview Hut. We all went south to Rocky Knob where three of our party planned to retrace their steps and come down by the normal route while others wanted to drop into Awatere Hut. After our initial skirmish with leatherwood, we split into two parties of seven and Marion's report was "making the right decision – 'to come back'" Yet Jeff said his highlight was bashing through leatherwood, on it, over it, under it. Mary too liked "walking on leatherwood". Did I see the huge rock by the tarn, it had beautiful mauve and blue colours questioned Bobby. I had to admit that I did not.



Hilary was impressed by the speed of the changing weather, “mist to clear, to mist again.” As well as hearing a fern bird Judy also saw one. Throughout the day a commercial helicopter hunting team were busy working the faces and ferrying out deer two at a time. Brian saw three truck loads on the road and counted 27 carcasses, so how many did the hunters get?

The leatherwood party scabbled around working down the ridge into the Makaretu River that had been filled with shingle. We did not go along to Awatere Hut but went directly up and over to the road end then along to the truck at dusk. Peter was “very pleased to have met Sue on the Saturday and decided to come and enjoy a glorious day across the tops and as well enjoy a bush bash too”.

Our driver Dave drove the truck with skill and deserves our thanks while his wife Anne said it for us all when her comment was “a really good trip.”

I wonder if Glenda’s mother’s day thought, “maybe the dinner might be cooked when I get home” came true.

Thanks to everyone for making it a great day.

Graeme Hare

Party: Glenda Hooper, Marion Nicholson, Judy McBride, Bobbi Couchman, Mary Gray , Hilary and Brian Hebron, Anne and David Blake, Sue Taylor, Jeff Robertson, Peter Brown, Rodger Burn, Graeme Hare.

#1951

Tukituki to Te Mata

Wed 10 May, 2006

15 of us left Clive boat ramp on a beautiful autumn day to walk the newish walkway down to the Muddy Creek wetlands along the stop bank, past a lot of bird life including white herons, black swans and thousands of swallows , onto the Tukituki river mouth and all the way up to Riverlands for lunch. Here a few left and the rest of us headed for the Undercliff walkway and a very steep climb up to the north ridge of Te Mata Peak. Here we passed Andy Lowe’s house site worth \$1,700,000!! and what a view of the Bay, then on through Te Mata Park , onto the tracks and down to the carpark where

we had cars parked. This was a total distance of 23km as measured by 'Google Earth.' and a very satisfying day.

Lyn Gentry

Party: Marge Hudson, Hillary Herron, Vin & Margaret Allcock, Bob Carter, Bobby Couchman, Raewyn Ricketts, Judy McBride, Marion Nicholson, Keith Thompson, Peggy Gulliver, Glenda Hooper, Rodger Burn & Mr Lyn.

#1952	Barlows Track Tidy Up	21 May, 2006
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It was January 05 when we last checked the state of the track and about time for another check but this time from the reverse direction (ie up stream).

An encouraging party of 17 volunteered for the working bee and a 6am start from Pernel's was planned but when Alan discovered a flat rear tyre this was changed with help from Graeme and others, we got away at 6.40 and arrived at the Mill road end at 8.15.

With little ado we kitted up with saws and cutters etc and straight into the Makaroro river which whilst not deep was quite swift and had a wintry feel about it. No dry feet this time.

Just before Gold Creek we saw a native Falcon chasing a Finch in a aerial combat which kept us enthralled for a couple of minutes with the finch twisting and diving to elude the predator and eventually making the safety of some bushes.

On arrival at Barlows Hut at 10.45 we had a smoko stop and then crossed over the river for some to put on dry Socks before attacking the track.

DOC have placed a good sign showing the start of the track up to Parks Peak Ridge and the Ladies were soon forging ahead and we could hear them chattering and the cutters working as they made their way up the track. The rest of us were a little way behind placing the orange triangular markers where required and we had probably used about 30 by the time we got to the top where we had a smoko stop, lunch was had earlier on the track.

The track is in good condition with little evidence of storm damage or deterioration although on the track down to the mill road end some work is needed by DOC as a couple of large trees are across the track and they also need to put a sign on the Ridge track indicating the turn off to the overland route to Barlows Hut.

The last of the team were back at the truck at 5.30 and we were away quite smartly arriving back at Pernel's at about 7pm..

This track should not require any more work for a couple of years and is a bonus for all Trampers wanting a quite easy Summers day out.

Thanks to all who helped and in particular to Alan for driving.

Rodger Burn.

Party: Brent Hickey, Klaus Meyer, Jeff Robertson, David Blake, Gary Smith, Joan Ruffell, Robyn Madden, Mary Roche, Vivian Osborne, Marion Nicholson, Mike & Roz Lusk, Christine Snook, Graeme Hare, Ken Nugent, Geoff Oliver and Rodger Burn.

#1953	Kuripapango Hill and Lakes Trip	24 May, 2006
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A 7 am start from Pernel's and we were at the Cameron Car park at 8.15.

Just the 7 of us and the weather was not too bad as we followed the Kaweka Challenge route up the hill to the trig stopping a few times to take in the scenery and botanize and arrived at the top about 11 am where we sheltered among the Pine Trees out of the slight drizzle and had an early lunch.

There had obviously been a lot of rain about with run off from the clay pans and we got down to the Lakes car Park in no time at all and followed the track past the Twin Lakes to where it joins the Forestry Roads.

Here we got a bit "Geographically Confused" (Not Lost) on which route to take but after discussion decided to follow the larger of the forestry tracks which led us back to the Taihape Road and a 60 minute walk back to the Car park arriving at 2.30 for a warm drink and biscuits.

A most enjoyable day and fortunate with the weather and we were back before dark in Hastings.
Rodger Burn.

Party: Marion Nicholson, Mrs Lyn Gentry, Bobby Couchman, Raewyn Ricketts, Hilary Herron, Brent Hickey, Rodger Burn.

#1954	Queen's Birthday Weekend	3 – 5 June, 2006
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Mt Maungatautiri and other Waikato jewels. Alan's Waikato Wander.

Left Purnell's at 6am Saturday morning for the long drive to Tokoroa for a breakfast stop. Then headed west to Waotu where we visited Barnett's Bush. This is a small remnant of the great Totara forest that survived Lake Taupo Eruptions and the bushman's axe. The locals are now taking good care of it and the short walk is a delight with birds and verdant podocarp bush with a wide variety of native trees. This includes an 'old man totara' of huge proportions with a big butt and spreading its massive arms out to the sky. Age probably near 1000 years. Well known locals, John & Gaye Lamb came in their rickety old Landover to give us a talk and took us up to a high point further up the road which gave great views over Lake Arapuni and Mt Maungatautiri beyond.

Gordon Stephenson lives just across the road from Barnett's bush. He is well known for his conservation work, and his input in setting up the QE2 Trusts where farmers can set aside native bush for ongoing protection.

Then we wended our way along local roads through bovine utopia to Jones Landing, a reserve on Lake Arapuni, where we had lunch. From here to the Arapuni Dam is a new walkway developed as part of the Waikato River Trail. The track takes one through an area of impressive bluffs, with part cut into the cliff to get past. There is a high point lookout which has great views to the south. You could see Mt Titiraupunga and Pureora in the distance.

At the Arapuni Dam there is a project underway to drill down through the old dam and the shoulder ramparts to grout up old leaks and strengthen the Dam. The road over the Dam is closed. From the Jones Landing walk the party continued along the eastside rim of the deep gorge below the Dam to come out at the swing bridge. This swing bridge provided access for workers from Arapuni Village to the power station. We stood on the bridge and way down below watched the water surging out of the power station to carry on its way. Then back to the bus at Arapuni Village for a cuppa and Christine's banana cake. I got some sarcastic comments from the back when I announced I was born at Arapuni!

We then drove over the lower bridge detour and back up to the west side of the Dam. Spent some time watching the trout fisherman off the bridge over the diversion channel. Some youngsters were very excited when their Dad hauled in a decent trout.

We then headed to Pukeatua, a small country settlement at the southern end of Mt Maungatautiri. Arrived about 4pm to meet Selwyn MacKinder, a trustee of the Maungatautiri Ecological Island Trust. At the entrance to the southern enclosure he gave us a very enthusiastic talk on the development thus far of Mt Maungatautiri as an ecological reserve. He was feeling pretty chirpy as the Trust had just the Thursday before had a visit from Helen Clarke with the good news that the Government would contribute \$5.5 million to complete the project (after private efforts of some \$7 million). The scale of the project is impressive. 3,400 ha to be fully predator fenced. 50kms of predator fence (almost finished), which includes the ring road for the fence. A new walking track is being made right across the

mountain from the south to north enclosures. There is no doubt this will become one of the great mainland islands for conservation of New Zealand's unique podocarp flora and fauna.

Once we had been enthused and awed by Selwyn we went back to the nearby Pukeatua Primary School where we set up for the night. It's a very well set up school with picnic tables and an outdoor canopy area which provided us with good shelter. In the grounds is the most enormous rhododendron, reputedly one of the biggest in the southern hemisphere. After the evening meal most of us headed back up to the southern enclosure to walk the tracks to see if we could hear or see the Kiwis that had recently been released. We never heard a peep or a shriek. But it was great walking the bush in the dark. Plenty of glow worms. After a fine day the weather started to turn nasty during the night (as predicted).

Sunday morning was wet and miserable with heavy rain and low cloud. It would have been a futile effort traversing Mt Maungatautiri as planned. Over breakfast it was decided to head to the Putaruru Timber Museum, leave Mt Maungatautiri to the following day and give Raglan/Mt Karioi a miss. We all found the Museum visit a very pleasant and informative way to spend a very wet morning. Well worth the visit. As the weather was improving after lunch we decided to tramp the local Te Waihou Walkway.

The bus dropped off everyone at the north end. The ground was very wet and slushy and there were some heavy showers. The track follows the Te Waihou River. The water is beautifully clear as it comes out of forest and mostly from springs out of rhyolite. Needless to say the trout fishermen in the group were way behind as they dawdled and drooled along (without rods). The blue springs are definitely a deep blue. This is where Putaruru's water supply is from.

Once we had the stragglers on board we headed back to the Pukeatua School for a second night. Some of the softies went and spent the night at the Styxx Guesthouse across the road (spa pools, soft beds, etc). A very nice set-up. Some of the party went back up to the southern enclosure to Kiwi spot (and look for Ken's torch).

Monday the weather had cleared. So everyone headed up to the southern enclosure where the across-the-mountain walk started. The new track goes as far as the first high point, Pukeatua at 753m. Some went via the old track along the ridges. The view from Pukeatua is impressive. One can see a wide arc of country from west to north. The party headed along the old track over to the Maungatautiri high point at 797m and down to the northern enclosure road end where Alan had driven the bus.

The *Clibbornet* was on the boil for the party as they came out to the Hick's Rd end. About mid-afternoon we headed across Lake Karapiro onto the main highway for the long drive home.

Alan Petersen

Party: Ken Nugent, Anne Cantrick, Jean Luc Vachon, Robyn Madden, Marion Nicholson, Mike & Ros Lusk, Raewyn Ricketts, Hamish Hunt, Ann Smith, Jeff Robertson, Christine Snook, and drivers Alan Petersen and Lex Smith.

#1955	Hukanui Range, Puketitiri	4 June, 2006
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Five of us left Hastings in my car and drove up to Deborah's place at Puketitiri arriving at their woolshed in steady rain. We donned our parkas and headed off in a north easterly direction over the farm towards Hukanui Range initially along a foot track and then, as we approached the base of the range, along a vehicle track. We had been on the lee side and as we sidled around the northern end of the hill we felt the full brunt of the weather. The rain was steady, cold and stinging and not at all pleasant. At this stage we left the track and started straight up the slopes of Hukanui to get to the tops and a bit more shelter from the weather.

After a quick breather at the tops the general consensus was that Deborah's house for lunch was a jolly good idea. We carried southwards along the tops for a while, looking at the tomos where some

Pohokura

impressive archaeological finds had been made when it was excavated in the late 1990s. We then made a beeline to the road and made our way over to Deborah's house and a cup of warm tea and lunch.

After lunch we left Deborah to her fire and drove down to Hutchinson Reserve and spent a lovely hour or so walking and botanizing around its loop track (it wasn't raining at this stage). After this we drove on down to William Hartrees reserve for another walk. We were not so lucky with the weather this time and the ones who left their raincoats in the car got awfully wet. So after a short while we retraced our steps back to the cars and drove on back to Hastings.



Glenda Hooper

Party: Glenda Hooper, Brent Hickey, Brian and Hilary Hebron, Rodger Burn and Deborah Turner.

#1956	Ruahine Range	18 June, 2006
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Trip from Mangerton Road, up Three Fingers Spur

#1957	The "Birthday Boys" Annual Trip	21 June, 2006
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Nine travellers left Pernel Orchard all be it a little bit late, after a couple of miscellaneous stops, made our way up the Taihape Rd, to Lakes Rd Carpark. Plenty of snow on the Ranges as we made our way upwards, with Geoff Clibborn taking many photos on his new toy. As we wound our way upwards the snow became deeper and deeper and more difficult to get through. The decision was made that our objective, Kiwi Hut, was not achievable, and we turned back. As we reached the truck it started raining and shortly afterwards snowing.

We then went to Blowhard Bush and took advantage of the new Forest and Bird shelter and had dinner there. Dinner comprised of a giant stew, various desserts, with drinks and nibbles ... all of this by candlelight. The bus was conveniently parked by the shelter and after dinner and coffee all retired to bed. It snowed during the night and early morning. Breakfasted in the shelter, and as road conditions were deteriorating we took our leave.

Thanks to Geoff for guiding the truck along a treacherous road, arrived back at Pernel after a memorable trip.

Jim Hewes

Party ... Geoff Clibborn, Greame Hare, Michael Hare and Ruth, Bobby Couchman, Jeff Robertson, Jim Hewes, John Gray, Hilary Hebron.

#1958

Mangatainoka Hot Springs

1 July, 2006

Makino Detour:

A group of 13 people met at Pernel's at 6 a.m on Saturday morning. Half of us, led by Lex Smith were walking up the valley to Te Puia hut, and the other half, led by Peter Brown, were going over the tops via Makino hut to camp at Mangatainoka springs. Peter's group set off up the hill to Makino hut. There was an amazing amount of damage to the bush from the heavy snowfall earlier that week, with a lot of trees bent, snapped and lying across the track. As we got up towards the highest point, there was still a lot of snow lying around underneath the trees. It was quite thick in places, and must have been very deep when it first fell. When we got to the hut it was a beautiful sight – surrounded by knee deep untouched snow, and still with a thick layer of snow on the roof. We had lunch there and then set off down the steep hill to the springs. There we met Lex's group already in the hot pools. It was a great feeling after tramping all day, and some of the brave swimmers led by Lex even jumped in the icy cold river several times before getting back in the hot pools.

We had been warned that there were possums and rats at our camp by the pools and that night we found out that both were true. Sitting around our fire having dinner, a possum wandered out from the woodpile just next to us, whereupon Geoff quickly dropped a rock onto it and killed it!

Also, when David and I woke up in the morning we discovered a rat had somehow eaten two holes in our tent to get at our food bags, and had eaten the cheese from a cheese roll, and a milky bar! It had very particular tastes, that rat.

In the morning, we walked out back down the valley, where there was a good frost. It was a beautiful day and we enjoyed a leisurely walk back down the river to the bus. Thanks to Peter and Lex for organising such a good trip and also to Lex for driving the bus across the slip on the road.

Anne Blake

The Direct Party:

We left the Gum Trees about 9.15 in slightly drizzly conditions and followed the freshly cleared track that basically follows the Mohaka River all the way up to Te Puia Hut. It was easy going but we didn't rush it and arrived at the hut around 12 o'clock. Here we had lunch and left Lyn who was "hot pooled out" there while the other 5 of us walked on up to the hot pools with togs and raincoats. We had a lovely soak in the pools and about an hour or so later Peter's party arrived. We returned back to the hut for the night and had a good game of cards before turning in.

The next morning dawned with a good frost and sunny skies. It was quite cold at the hut so we didn't wait for Peter's party but headed off just after 10 in search of sunshine. We had lunch in the sunshine on the track and were back at the truck early afternoon. The rest duly arrived back, some had a soak at the Mangatutu Hot Pool and then it was off in the truck to Pinks Hut. Here we abandoned truck and walked up the hill leaving Lex to brave the section of hill with a big dropout on it on his own (after first walking up to inspect it). Back in the truck most of us snoozed our way back to town having all enjoyed a most relaxing and convivial tramp.

Glenda Hooper

Makino detour party: Peter Brown, Alan Petersen, Brent Hickey, Christine Snook, Jeff Robertson, David and Anne Blake

Direct Party: Lex Smith, Glenda Hooper, Hamish Hunt, Lyn Gentry, Regan Gentry and his girlfriend Bid.

A two hour trip got 14 of us to Jack Roberts' property, 'Timahanga Station', on the Napier Taihape road at 8.15. After leaving him [with a fresh loaf of bread] at the homestead, we continued although the weather was not looking all that appealing; clear over the 'Annie', but the tops were clagged in and light rain was falling. Well it could be worse ! We drove up through the deer farm as far as we could, up to near the old homestead.

Away just after 8.30 and this time found the old logging track [missed it last time a few years ago] from where the farm track finished, and so over the plateau which had a lot of snow damage debris, but also some large trees or part thereof completely blocking the track, which inevitably slowed us down, and so up to the spur leading up to the Tahuhunui Range and on up to the 'Hogget'

At this point over a very brief lunch at about noon, I cautioned the group that we had to make a time budget to be at Te Iringa at 3pm or we would be running out of daylight, and of course we are at nearly the shortest day !

The weather had improved and the range over to Te Iringa was quite clear and looked settled, so off we went – only a couple of people had been there before, so knowledge of tracks/routes was scarce. As it turned out I don't think that there is a solitary marker anywhere along the whole top.

Once we left the clear tussock tops, the route was non existent so common sense and the seat of the pants navigation did the trick mostly, as the ridge is well defined and difficult to go off. In the Manuka/Kanuka area now, with a lot of snow damage, branches down making passage slow and frustrating.

Once we hit the beech forest area, a track was plain to pick up, see and follow.

I think it was 4.15 as we got to Te Iringa ! The snow had been increasing in depth from the hill up and on the top of Te Iringa was about boot deep but some drifts up to the knees. After a quick look see we headed down what was understood to be the spur down.

The contours down were not what they should have been so alarm bells rang.

On returning up to near the trig, the daylight was fading combined with either fog or cloud, and to the east where we would be heading was mostly covered in snow – I had expected some residual snow, but not this much, and any evidence of a track or route was not to be seen. So, with very poor light I had to make the call to expect that we may have to spend the night out and get the response from the group, which was inevitably just what we had to do. The temperature was 2 deg c so to carry on in the hopes of finding the track – more by good luck than anything else – was not an option as shelter down any spur was not assured, and was not a place to spend the night.

I phoned Dave Heaps [I also had radio backup] and explained our situation, I said we could handle the night with the gear we had, but he phoned round to see if he could get others to maybe come and find the way in and get us out.

We retraced our steps now needing torch light down the spur we had first tried, to a good patch of tight young beech trees I had remembered which was out of the breeze, and kicked a couple of snow patches away, and settled down in the hollow centre of the patch.

Dave phoned back to tell me that he, Ed and Gerald would come in. The troops were quite happy about this ! Ken had brought along a set of low powered 'walky talkies' and we had left one with Geoff in the truck in the hopes that we could have called him as to our eta back with him, unfortunately we could not make contact to advise him of the situation.

Between us, 14 in all, we had gear to be reasonably comfortable; I had a tent, cooker, and sleeping bag; and Randall a tent and cooker; some may have not had enough spare clothing, and I loaned all mine out; but quite enough snacks and food was evident. I was pleased to see that everyone had a survival blanket, and what a noise a dozen tinfoil sheets make, and incidentally, as has happened to some before, none ripped or fell to pieces, and as someone said at the meeting, that trying to use one in windy conditions is very difficult. A piece of closed cell foam would have been very useful to sit on, as most got a cold posterior!

Randall heated snow with his fuel cooker, to make hot drinks, and myself likewise on my butane/propane gas cooker. If the weather had been bad, we could have all crammed –very close ! - in both tents and had a warmish but uncomfortable night, had we had to spend the whole night out.

I had considered lighting a fire [certainly would have if we had spent the whole night there] but by the time we were settled in with a hot drink etc, it was about 9.30 and probably an hour would be needed to get a good fire going.

I had suggested that Dave pick up the radio from Geoff at the truck so he could talk to us as they got



up the hill. They called up just before 11pm and we walked up to meet them towards the trig. Great jubilations, and Ed said that we would have had no show of finding the track as it was obliterated by snow and did not follow a predictable route.

I think it was about 1.15am when we got to the truck at the top of the Annie hill. I spent some time on the way down at the front, and looking back to see 17 headlamps weaving their way down was spectacular.

Geoff had asked a passing person who stopped to talk to him – from Timahanga Station as it so happened - to ring and advise back in town that we were not out, probably about 8pm, but at about 9pm found out from the ‘rescue’ crew what was happening..

Incidentally, just as we were leaving a police ute pulled in checking out a car parked there, re an overdue person in the area. As it turned out he had been in the area for the day and had taken the left spur down to Te Manihi up the river instead of the right one to the road.

Luke Shadbolt from the police had called my phone at 1.15am to ask us to make noise on the way down in case we could attract his attention but we were out of phone coverage and so too late to help. He was found in a search the next day.

As I said at the trip report at the meeting, we got good value for \$10, an 18 hour trip !

Many thanks go to Ed, Dave and Gerald for the time and effort they gave to ‘rescue’ us, they said they had ‘enjoyed’ the impromptu outing, although not the timing! All agreed that being out at 1am was much more comfortable than the whole night up there!

I would like to thank the group who acted with forbearance, calmness and understanding for the situation we were all in.

And of course many thanks to Geoff for the driving and the long wait for us.

John Montgomerie

P.S.-- Due to short daylight hours in winter this should not be scheduled as a winter trip.

The importance of carrying emergency survival gear has been amply demonstrated by this trip outcome. I had ‘threatened’ a pack check when detailing the trip at the prior meeting, maybe this had an effect ?

Party: John Montgomerie leader, Geoff Robinson driver, Hilary Hebron, Sue Taylor, Jon Munn, Greg Munn, Ken Nugent, Bobby Couchman, Joan Ruffel, Fumi Horiyama , Anne and David Blake, Marion Nicholson, Randall Goldfinch and Jill Beaver.

#1959

Sunrise Hut

Wed 19 July, 2006

A 7 O’Clock start and with the truck too !! as we were fortunate enough to have Geoff available to drive.

Slightly overcast and quite cool as we made our way up the Sunrise track where it was evident that DOC had been busy track clearing after the recent storms and snow.

However the recent rain had washed most of the snow away except for isolated pockets on the upper reaches of the track and we reached Sunrise hut about 11.15 in time for a early lunch.

Above the hut a keen icy wind ruled out further travel along towards the saddle and beyond and we slowly ambled back to the truck just beating the rain which started to get heavy as we left the car park and we arrived back at Pernels about 4.15.

Thanks to Geoff for driving.

Rodger Burn

Party: Marion Nicholson, Bobby Couchman, Judy McBride, Keith Thomson, Jim Hewes, Gerald Eyles, Colin Tibbenham, Geoff Clibborn and Rodger Burn

#1960

Southern Pureora Crossing

29-30 July, 2006

The drive to the Western end of our tramp is long, 5 hours or so and not made easier by ice and fog, sometimes both at once, all along the way. But John finally delivered us at a most formidable iron gate, and after passing packs over it we set off through scruffy farmland past the site of Nuffield Lodge (now gone), then regenerating bush before finally entering Kamahi/Maire forest, dotted increasingly with enormous Totara. The track is generously marked, and as it crosses pumice country, dry. Prince of Wales Feather ferns seem to thrive there and in open places the ashy soil was lifted on small ice pillars. It was clear that we wouldn't make the intended camp site in the Waihaha Stream, so we were able to enjoy a short break at the new Hauhungaroa Hut. The space for this has been cut out of a patch of Kamahi, and while it is a great hut, the creation of a view has involved the clear felling of a large number of trees, which have been pushed down a bank, making for a devastated foreground.

Beyond the hut the track continues fairly flat, but at about 5pm we found a small stream with ample tent sites. The group divided into two, with the majority settling for the true left bank and the rest the true right. Some of the left bankers had carried kindling and coal from the hut and lit a fire, so the right bankers came over for a postprandial visit. But I have to say that the left bankers were rather rowdy and vulgar so we soon returned to the nicer side, being asleep by the sensible hour of 7pm, with only the calls of the local morepork disturbing a black silence.

It seemed considerably warmer at 6am than it had been at 6pm, which made for a more comfortable breakfast, and all but one of the team were ready to leave at 7am. While we waited an impromptu exercise session was conducted with many a fine body being coaxed into positions which would have caused considerable concern to any ACC observer. Initially we were walking under more huge Totara, but as we dropped steeply down the spur which delivers the track to the Waihaha stream the Totara became smaller and were joined by fine Rimu and Miro. Before long we reached the campsite, crossing short areas of permafrost on the way. It was pretty obvious that our campsite in the forest had been much warmer than this one. There had been a serious flood in the stream with pumice and plant debris caught in the trees well above it, but the track was clean and flat, so we met John and Marion as planned at Waihaha Hut for an early lunch. The walk out is most attractive, mostly gently downhill, with many glimpses of the Waihaha and across it to the stands of Tanekaha in *Dracophyllum* scrub. We were loaded up and away by 4pm and home by 8, stopping for a snack feed at the Tarawera Tavern where the chips were good but the efficiency was not.

As usual we were indebted to our drivers, John and Alan, and to Phillip for excellent apples.

Mike Lusk

Party: Alan Petersen, Christine Snookes, Sue Taylor, Jean-Luc Vachon, Jeff Robertson, Peter Brown, Dave Mullinder, Ken Nugent, Mary Gray, Hamish Hunt, Ros and Mike Lusk, Marion Nicholson, John Berry.

#1961	Boundary Stream	30 July, 2006
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Lake Tutira Walkway was the planned daytrip but was cancelled due to the start of lambing. After some discussion among the 6 keen starters, we decided to explore Boundary Stream as 4 of the 6 had not been there. We had considered walking up to Bell Rock first -but due to the wind -fortunately decided on Boundary Stream.

Driving up to Tutira, we did notice that we were passed by a number of flash, speedy cars with all the trimmings. So, fortunately, we parked our more humble cars tucked up close to the bank at the Pohokura Road end of the Boundary Stream walk!

Off we set on the Kamahi Loop Track. It was a rather dull day and we saw and heard very little bird life. However the most outstanding feature was the huge amount of recent snow damage. The weight of the heavy snow on the canopy had caused many trees to collapse and many large broken limbs. The rare and special dracophyllum kept fenced in a protected area along the Bluff top had been destroyed by a falling tree. Fortunately, in that area we observed many healthy young plants preserved by DOC along with flourishing Kakabeak.

DOC had been hard at work track clearing but in some areas we had to pick our way through piles of debris. We wondered if this extensive damage would reduce the food available to support the growing bird population, next summer.

We had an enjoyable and leisurely walk as there was plenty to look at and talk about. As we approached the end of the Track we heard a lot of engine noise and gear changing. Yes -we were caught up in a Car Rally and found our cars draped in orange Danger Tape and a barrier taped across the track end! After about 30 minutes, we eventually established that the road was clear and we were free to leave. We were glad we hadn't parked at the Bell Rock track, where our cars would have been showered with flying gravel from the racing cars. We were glad that we weren't stranded there for hours!!

We went back down the Pohokura Rd to Lake Opouahi. We studied the partially completed fence for the Kiwi Nursery and walked around the Lake. The level of the water was much higher than normal and again we observed significant snow damage.

Hilary and Brian enjoyed exploring and botanizing in another little bit of NZ. We were glad to have Jeff and Annie along to bring down the average age. We all had an enjoyable day and were home in time to cook tea and do the ironing ! (well some of us) *Robyn Madden*

Party - Hilary and Brian Hebron, Jeff Oliver, Glenda Hooper, Annie Galland, Robyn Madden.

#1962	Rotary Pathways Cycle	Wed 2 August, 2006
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On Wednesday August 2nd in wonderful, sunny, calm weather, 8 trampers donned their cycle helmets and headed off on a 50 km cycling trip. We left Marion's at 9am, and after biking through Meeanee and Taradale (with a stop at Heaven's Bakery) arrived at Geoff's place for morning tea. We then cycled along the new Prebensen Drive pathway to Ahuriri and linked up with the Marine Parade pathway. After lunch on the beach we continued along the pathways and stop bank until we arrived at Chesterhope Bridge. From there it was just a short trip home. A great day, and we were so lucky with the weather.

Party: Peggy, Marion, Bobby, Bob, Hillary, Geoff, Joan, Jim and Alister Shaw.

#1963	Mount Miriroa and the Lizard	13 August, 2006
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When you look down on a block of Pan Pac's pine trees on the Blowhard and 50% have had their trunks shattered by the June snowstorms we realised our route to Miriroa and the Lizard could be under threat too. A few minutes later "dinner plate" sized snowflakes swirled about us as a welcome to the Miriroa Road turnoff.

After walking 1 km along the road we could see the track we wanted to follow vanishing under the flattened scrub and smashed broadleaf trees. Geoff Robbie smiled and left us to return to the truck. He

would leave for The Lizard at 3pm. What a mess! What a scramble! The lower altitude canopy was devastated but once we climbed out into manuka scrub and then contorta the snow damage was negligible. On the spine of the ridge limestone rocks and lightly cut contorta directed us towards Bull Rock and south to Miriroa. (Cattle Hill). Even though it was a westerly wind it was not as cold as I expected and our party of 15 worked its way to Miriroa scanning routes down into the depths of the Omahaki Stream. At noon we split into two parties, as it could easily be a real bush bash to reach the stream. Ken had visited the Lizard and knew the time required to get from the Omahaki Stream to the road.

Eight reversed back to Bull Mound for lunch at 1.15pm. Rather than dropping into the snow damaged stream we continued along a plastic tape marked track on the limestone spine until we should have scampered along an old sidle track to the existing road. No such luck, the sidle track had vanished and at times we crawled on hands and knees to get home. Thankfully Geoff walked up the road after getting a walkie-talkie message from Ken that 8 were returning to the truck and 7 were going to the Lizard. We literally climbed up fallen trees to reach the road.

Ken reports: Leaving Graeme's team at 12 o'clock we headed off for Omahaki Stream. As there is no track, we took turns at leading the bush bash with Sue Taylor on the compass making sure we never strayed too far from our bearing. Passing through contorta, four-metre manuka and lower down fern, the going was quite easy but steep.

We struck Omahaki Stream at 1.30pm. Time for both a belated lunch and to check out the corybas orchids on the mossy banks. Two o'clock saw us heading for the saddle on Glenross Range. Unlike Miriroa we had a track to follow, making it up in 45 minutes. Resting here we waited for a rain squall to pass before ascending Glenross Range to the Lizard. We spent time exploring this wind swept terrain before heading down to the Napier –Taihape Road.

This was a very enjoyable trip with the party experiencing, snow, sunshine, small hailstorms, wind, a geologically interesting and varied terrain, views, and great company. Thanks to all for coming.

Thanks to Geoff R for driving.

Graeme Hare and Ken Nugent

Bobby Couchman, Marion Nicholson, Hilary and Brian Hebron, Kerry and Bruce Popplewell, John Berry, Graeme Hare.

Peter Brown, Jeff Robertson, Fumi Moriyama, Jon Munn, Keith Thomson, Sue Taylor, Ken Nugent.

#1964	Spooners Hill & Opouahi	Wed 16 August, 2006
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Four of us set out on a very damp looking day, but the weather forecast had said clearing with sunshine and our walk was not too strenuous. Indeed the weather did clear and we had a very pleasant time.

Spooners hill was as pretty as ever, but once again the snow damage was enormous. The bush has taken a hammering and D.O.C. is going to have a massive time clearing up the mess. Because of the clambering and hand clearing we had to do we took much longer than usual to get around the walkway and by lunch time we were pretty tired. However, we decided to have a look at Opouahi and inspect the predator fence. D.O.C. has almost completed it and we followed it around the full perimeter, getting some fine views of the lake and of Tutira in the distance. We saw blackbirds, bellbirds and a kereru, so the birds have survived the devastation. We understand Boundary Stream has been very badly hit with the snow storms, but until one has seen it the enormity of the destruction cannot be grasped Anyway we had a very interesting day and as always, to be in the bush is addictive. Thanks to Marion for driving.

Bobby, Hillary, Joan & Marion.

#1965	North Kaweka	26-27 August, 2006
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Trip from Makahu along tops to Ballards. Down via Kaweka flats.

From The Archives

NGAURUHOE

23rd - 26th Feb.

Mt. Ngauruhoe, 7750 feet, of recent years has erupted lava and rocks. A new cone has been built up inside the western wall of the 1/4 mile diameter crater, and all former vents covered by a smooth ashy surface. Using the Waihohonu Hut as a base, I failed on Friday, 23rd Feb. to climb by the sou-west route and returned via the Great Rift to the hut. Visited Ohinepango Spring next day where a full-grown river emerged from the hill. Sunday took the track to Te Heuheu, 9070 feet, the north peak of Ruapehu. Only fragments of snow clung amongst the dry, rocky, steep slopes which repelled me sarcastically.

On Monday westerly clouds tried to envelop Ngauruhoe, but at my advance they retreated. High clouds gave a cool shade as I ascended the south lava flow. This is a fine rock climb, the best on the rock-strewn cone. Two hours from the hut to the base of the cone opposite Tama, 5276', and three hours to the top. The last 500' was loose ash and stones. The north-eastern and south-western walls have crumbled away leaving low crater rims. The low north-western gap where lava overflowed a few years ago still remains with the base of the new active cone alongside. The new crater pouring out steamy fumes I guessed to be fifty yards across, and the sides were bowl-shaped. There was a sound as of rocks crackling in intense heat. On the north-eastern and western outer slopes about 150' down fumes were emerging. The rocks on the outer slopes below the summit rim, in several places showed signs of heat treatment, perhaps from lava in the throat of the mountain. The slabs of plastic lava thrown over the rim are more crumbly - like coke - than former eruptions; perhaps an evidence of hotter and higher welling up of lava.

Time from the Desert Road to the Waihohonu Hut - 1 3/4 hours. Hut in good order and comfortable.

----- Angus RUSSELL.

SPENCER MOUNTAINS.

We decided to fly down to Blenheim to give us more time in the mountains. What a way to travel! We left Napier at 11.30 a.m. At 3 p.m. we had changed our clothes, left our good ones in a taxi office and had reverted to that most uncertain means of travel, hitch-hiking, to take us the sixty miles to Lake Rotoiti.

Wednesday, 28th December - By midday we had all reached Lake Rotoiti and after a quick lunch we were on our way along the side of the lake. But it was slow going with 60 lb packs. After a quick swim, we reached the head of the lake and pushed

on for another hour before making camp. That evening we had the first of many excellent stews and the sandflies had their first taste of us. While sitting round the fire we thought we saw a cat.

Thursday, 29th December - Early morning mist soon cleared to give us a cloudless sky for the rest of the day. We had good going most of the day up this most beautiful valley, over grassy flats or under tall beech trees full of many birds, a change after the birdless bush in the Rushines. Feeling a little the worse for wear, we decided to call it a day when we reached the Nelson Tramping Club hut which lies on the eastern flank of Mt Hopeless. Sandflies increased as we went up the valley.

Thursday, 29th December - The packs didn't seem to get any lighter and today our aim was to establish our base camp in the East Sabine river. We pushed on up the river to the large tussock basin at its head. Sidling high up under the massive rocky form of Mt Travers we gained the saddle, 5900', about mid-afternoon. As the weather was still fine we had a good view of Mt Franklyn which we hoped to climb in the next few days. Through another basin, then by a good spur we reached the river where we found a ready made camp site. In a tin were the names of two previous visitors belonging to the Manawatu and Auckland U.T.C. Sandflies in greater numbers still.

Friday, 30th December - Best day today so we lay in bed late and had a leisurely breakfast. Spent the rest of the morning washing our clothes and sunbathing. A kea got a bit too inquisitive and settled on one of our toes while we sunbathed. In the afternoon we went down the river to inspect a slit gorge, which must have been about 100' deep by about 10' wide at the top.

Saturday, 31st December - Today we had a go at Franklyn. The weather after all this time had begun to break, but it was not as bad as all that. We went down stream to the gorge, then struck west up the steep bush slope. After climbing several rock cliffs we reached the bush line. An hour's wait for the mist to clear, then on up over the tussock on to the rock ridges. We skirted the top of a large scree which we had in mind for our way of retreat. Then on to the western ridge which got the better of us after half an hour. We had a quick lunch and then went over on to the eastern ridge which we scrambled up for some time. We weren't very happy and as time was getting on we decided to leave Mt Franklyn for another year. We found the scree gave us a quick method of descent right down to the valley floor. That evening we celebrated New Year's Eve with a large camp fire. A good time was had pulling down dead trees and putting them on the fire.

Sunday, 1st January, 1956 - We struck camp and were away by eight. We had our last look at the gorge and pushed on into the Sabine itself where we found the going very good over

shingle or grassy flats. Where the river turns west on its last stretch before reaching Lake Rotoroa, we had to climb high on the south bank to avoid yet another gorge. Back in the river we came across a very old slab hut which would still give good shelter if needed. We camped near by.

Monday, 2nd January - We had our first rain of the trip during the night but it soon stopped and all that remained was a heavy mist, which stayed with us all day. We travelled by compass up the broad flat spur behind our camp. First it was the old fallen timber that made our progress slow, then mountain beech growing not more than a foot apart. In the end we reached the bush line in just about the right place. On we pressed with visibility down to about 100 yards. We tried knocking the drops of water off the tussock to get a drink but in the end gave it up and went on thirsty. We hoped to strike one of the alpine lakes which should be just over the ridge, but which ridge? There seemed to be ridges all over the place. We had just about given up hope when after scrambling over yet another ridge we heard running water. A quick scramble down through the mist brought us to a most beautiful stretch of clear water tucked away in the tussock. It must have been about four hundred yards long and was fed by a small stream. Our camp was pitched on a small flat overlooking the lake.

Tuesday, 3rd January - Today seemed brighter with not so much mist about. After a quick swim at what must be a record height for the club (6000') we were on our way again over more rockridges till the going became easier as we approached Mr Mt Robert, the Nelson ski grounds. We passed the now idle tow and their well equipped huts then on down the well worn track back to Roto-iti.

After a day's rest at the lake we travelled once more to Blenheim, then flew on to Napier after what we all thought could not have been a better trip.

Party: Alan Berry, Alan Mummery, Jim Glass.

Trampers Treats

Muesli Bars

12 oz. unsalted butter
8 oz. light muscovado (or soft brown) sugar
8 oz. golden syrup
1 lb. 10 oz. porridge oats
7 oz. dried papaya pieces
4 oz. sultanas
4 oz. pecan nuts, roughly chopped
2 oz. pumpkin seeds
2 oz. pine nuts
1 level teaspoons cinnamon
2 level teaspoons plain flour



Melt butter, sugar and syrup together.
Mix thoroughly with rest of ingredients.
Press into suitable sized tray(s) to give thickness of about $\frac{3}{4}$ inch.
Bake at 180 C (gas mark 4) for 25 to 35 minutes, until golden.
Press again, mark into bars but leave to cool completely before removing from tin.

From Hilary Hebron

Tramping Loaf

$\frac{3}{4}$ cup coconut
 $\frac{3}{4}$ cup raw sugar
1 cup All Bran
1 cup dried apricots chopped
 $\frac{1}{2}$ cup pumpkin seeds
1 $\frac{1}{2}$ cups S.R. flour
 $\frac{3}{4}$ cup rolled oats
1 $\frac{1}{2}$ cups trim milk



Combine all ingredients. 14x21cm loaf tin lined with baking paper.
60 mins 150 C

Carrot and Walnut Muffins

1 $\frac{1}{2}$ cups flour
1 tsp salt
1 tsp baking soda



4 tsp cinnamon
1/2 tsp ground allspice
1 1/2 cups brown sugar
1/2 cup chopped walnuts
1 cup sultanas

Sieve first 6 ingredients into a large bowl. Add walnuts and sultanas and mix evenly through the dry ingredients breaking up any lumps.

1 cup oil (I use grapeseed oil)
4 eggs
400 g carrots grated

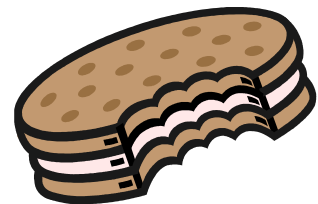
In another bowl beat the oil and eggs together and add the finely grated carrot. Tip the oil and egg mixture into the dry mixture. Taking care not to overmix, fold everything together until there are no more unmixed lumps of flour.

Spray 12 medium sized muffin pans with Chef Mate non-stick spray. Put mixture in pans.

Bake at 190 C for about 15 minutes or until the centre of the muffins springs back when pressed.

Peanut Shortcake

250gm butter
1 tsp vanilla essence
1 cup sugar
2 1/4 cups flour
2 tsp BP



Melt butter in saucepan large enough to hold all ingredients. Remove from heat and stir in vanilla essence and sugar. Sift in flour and BP and mix until combined. Press into a 20 x 30 cm tin lined with baking paper. Bake at 180 C 15 - 20 minutes until lightly golden. Spread with topping:

100 gm butter
2 Tbs golden syrup
1 1/2 cups icing sugar
1 1/2 cups roasted peanuts

Pohokura

Melt butter and golden syrup. Stir in icing sugar and peanuts.

From Ros Lusk

Graham Thorp has recently stepped down as our local SAR chairman. Below is a letter from him thanking the club for their support and flagging some up coming changes in NZLSAR:



HB LAND SEARCH & RESCUE

Skilled volunteers working with the NZ Police to provide an efficient and effective
Land Search & Rescue service to the public of New Zealand

14 August 2006

The Secretary
Heretaunga Tramping Club Inc.
P O Box 14086
Mayfair
HASTINGS.

Dear Graeme,

Please convey my thanks to the committee and members of the HTC, for your recent letter of appreciation for my work in Search & Rescue. It's good to know that the work is valued and that one's efforts are not lost in the wilderness. Fortunately, the HTC has filled the gap and things are still in good hands, with Dave Heaps taking up the Chairman's position and Chris Waldron accepting the secretary / treasurer's position.

As you may have guessed I still intend to support SAR in HB but with the changes that are taking place at national level, it is becoming much harder to be effective. It is now time to take stock of our approach to SAR, decide what is important to us and move forward with those principals in mind.

As you noted I still hold the position of Regional Representative but changes that are expected to take place later in the year will most likely mean that the position will no longer exist. It is likely to be replaced by three positions from our region on a new SAR Council but as that group is only programmed to meet once a year, it's unlikely to give us effective input at national level.

I think the best we can do is to retain a watching brief on what is happening nationally and direct our best efforts towards the local scene. I have some ideas in mind that will give others interested in research the chance to become involved in some of the technical aspects of SAR. I will be looking for some expressions of interest shortly and hopefully we have a few people in the HTC who will participate in the development work that is required.

In the meantime thanks again for your thoughts.

Yours sincerely

Graham Thorp



Department of Conservation
Te Papa Atawhai

Long term dangers from snow-damaged trees

15 Aug 2006

The snow on tracks and walkways may have melted but the long-term effect on vegetation can still pose dangers to visitors to public conservation land. Department of Conservation (DOC) Conservator, Peter Williamson of the East Coast Hawke's Bay Conservancy said today that visitors need to take care when walking in areas that were hit by snow storms in recent months as there is still loose material lodged in tree branches that could come down at any time.

"We have cleared popular tracks at Boundary Stream more than once yet are still removing material probably broken as a consequence of the snowfall. There is material still to come down but this may not drop for years or it could fall tomorrow. Some of it is large enough to be dangerous. In fact a tree fell across the Lake Waikaremoana Great Walk just after the track had been cleared," Mr Williamson said.

While it is not unusual to get snow in the Urewera, Kaweka or Ruahines ranges, the amount that fell in successive storms has made the winter of 2006 particularly destructive. DOC staff have been concentrating on repairing the most popular tracks but it is expected to take months before all routes in more remote areas have been cleared. People intending to visit backcountry areas are advised to check on conditions at the local DOC office before setting out. They should also be prepared for trips to take longer than usual due to detours around track damage and choose camping areas with care, keeping in mind the possibility of damaged vegetation falling at any time.

"We expect this could be a problem for some time and would appreciate hearing from visitors to back country areas who find damage that affects the safety of tracks. Reports on track damage can be made to the nearest DOC office or by phoning the DOC HOT line which is 0800 362 468" Mr Williamson said.



Peter 2nd from left

In Memory of Peter Lattey

Members of HTC were sad to hear of the death of Peter Lattey, a foundation member, and still one in 2006.

Peter was introduced to the bush around his home in Wellington by his older brothers, so it was logical for him to become involved with tramping when he moved here to work as an engineer. It was soon after the formation the club that he designed Kaweka Hut, and helped carry in construction materials. As Saturday morning was then part of the normal working week, the truck departed at lunchtime, and the 5 hour trek from the lone pine tree still standing beside the Taihape Rd started at 3pm, after the brew on which Peter insisted. (Lakes Road was not put in until much later). At about this time Peter did two east/west crossings of the Kawekas, both trips being written up and published in the local paper. We are fortunate to have copies of these reports together with photos. On one of the crossings was Lesley Matheson, and she must have measured up well, for they were soon married.



Peter in centre

So to Gisborne with Public Works, and while working on railway construction, they were living in the construction workers camp at Kopuawhara near Mahia when a flash flood swept away the single mens huts during the night, killing 21 men.

With the advent of WW2 Peter was manpowered (refused permission to go overseas), and moved to Wellington from which base he was involved in the

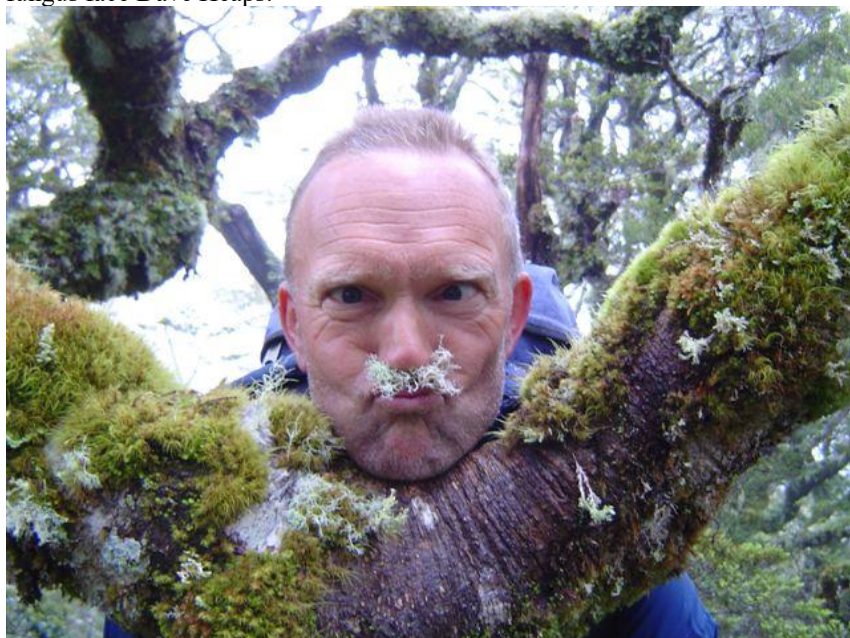
construction not only of the runway at Ohakea, but of camps for American soldiers. After the war Peter left Public Works and moved with his family back to the Bay, where he jointly set up HB Asphalts, but while maintaining an interest in the doings of HTC, actual involvement was limited to family picnics, attendance via helicopter at the opening of the new Kiwi Saddle Hut in 1988, and of course avid reading of Pohokura.

It is a measure of the strong loyalties formed amongst trampers that members have kept up their association with the Club when going on trips has become impracticable or impossible. We are lucky that Peter was one such. HTC extends it sympathy to Peter and Lesley's 5 children.

CLUB NEWS:

CLUB PHOTO COMPETITION

The overall and Club Character winner was John Montgomerie with this picture of fungus face Dave Heaps:



Winner of the Open Digital Section was John Montgomerie with this one of Otumore Trig in winter:



Pohokura

Winner of the HTC in Action category was Lex Smith with Ros & Mike Lusk setting up their home away from home:



Winner of the Pictorial Print category was Robyn Madden with a beach scene taken at Wells Next the Sea, Norfolk, England:



Flora or Fauna winner was the ever botanical Mike Lusk



**The club AGM is on the Wednesday 15 November.
Come along for the annual updates or join in and help
run the club.**



FROM THE EDITOR

After 4 years and 13 editions it is my intention to relinquish the blotting paper and get some new blood in the editor's pen. So if you've got some computer skills and want to be part of the great history that is the Pohokura then please let me know. I've had lots of help from many people so thankyou all, it's been fun.

CLUB and EXEC NEWS. From Glenda

NEW MEMBERS:

Welcome to the following new members, we hope you enjoy all your tramps with us.
Brian and Hilary Hebron, Jeff Robertson, Jean Luc Vachan, Brent Hickey, Mary Grey & Mary Roche.

CONGRATULATIONS:

Big congratulations to Gail and Alan McGregor – the twins now have a little brother named Devon.

I was a bit premature with my congratulations to Lex Smith for being re-elected on to FMC last time (it was still at the nomination stage) but he has been now and contrary to what I said previously his role is Membership and Secretary for the FMC Trust.

MEETINGS and SPEAKERS:

We have had a variety of items after our meetings on a Wednesday night over the last few months. Chris Waldron & Leonie Heaps entertained us by sharing their bike trip in China while Mike Bull made us more aware of the dangers with respect to fire and Dave Harrington's quiz on huts was enjoyed by all.....Thanks to all of you for your efforts. Thanks also to those who brought along their tramping food goodies (see elsewhere for the recipes), those who brought photos for the photo competition and to Marion for bringing along a most interesting video on Fiordland which well showed the abilities of our Digital Projector. We were also fortunate to have Pat Sheridan along to update us on DOC's progress in our backcountry.



CLUB FUND RAISING

On Sunday 17 September 19 willing volunteers helped clean up plastics bags from the landfill at Oamaru Road. Thanks to all who joined in.

SOCIAL: A large club contingent turned out at the Century Cinema for the Banff Film festival on Sunday May 28.

As the poster described it the evening was - "A DIVERSE ENTERTAINING SELECTION OF THE BEST ADVENTURE FILMS FROM AROUND THE WORLD"

SUBS:

If you haven't paid your 2006/07 sub then you are OVERDUE and should pay them immediately. The rates are \$30 for Active, \$43 for Family and \$15 for Associate members

TRUCK FARES: The Committee has been investigating the running costs of the truck and have decided to increase some of the fares. The shorter local trips (less than 200 km) will remain at \$10 but fares for the longer trips have increased by \$5.

SUBMISSION: The Club recently sent in a submission on Walking Access in NZ.

TRAINING: FMC Training w/ends “Above the Bushline” 30/9-1/10 Ruapehu, “Leadership” 11/12 Nov, Tongariro. See FMC bulletin for details.

DOC has now produced a draft plan for the Kuripapango area and the following is some of their recommendations:

- Lawrence Shelter to be removed and vehicle access down the hill to the river be limited to the Summer period.
- Car parking at Lakes Rd and Mackintosh Track to be rationalized with a main park at Lakes Rd and a small one at Mackintosh
- Informal Camping area to be made in the Oxbow Area (horse paddock just downstream of Cameron Carpark).
- DOC to investigate with the HTC to erect a shelter on or near the old Kaweka Hut site.

THINKING OF...

The Club wishes a speedy recovery to both Anne Cantrick’s daughter, Anita and Barry Mercer, Julie Mercer’s husband both of whom have been very unwell lately.

Our thoughts are also with Anne & Lex Smith, Susan Lopdell and Helen & Graeme Hare, who have all recently lost a parent.

Coming Meetings:

DATE	TOPIC/ SPEAKER	COMMENTS	Hosts	Supper Help
20 Sep	RIVER CROSSING	MSC video/DVD	Peggy Gulliver, Anne Blake	Gerald Eyles, Randall Goldfinch
4 Oct	DIVING – Jeff Robertson	Jeff, who has dived commercially, will show a DVD & speak on some of his experiences.	Helen Hare, Shirley Bathgate	Ray Manning, Raewyn Ricketts
17 Oct	COMING TRIPS/ SOCIAL	Just a few photos to showcase our coming trips leaving plenty of time for organisation of the Labour Weekend tramp	Jim Hewes, Christine Snook	Selwyn Hawthorne, John Winter
1 Nov	GREAT WALL OF CHINA Part 1	The Great Wall of China is the largest man-made structure ever built. Nathan Gray, a New Zealander, wanted to be the first westerner in history to walk and document the entire length This DVD tells some of the story.	Greg Munn, Lew Harrison	Max Neumegen, Hilary Hebron
15 Nov	AGM	Come along and enjoy a vote	Geoff Clibborn, Pam Turner	Brian Hebron, Bobby Couchman
29 Nov	TRAMPING OVERSEAS	We currently have a number of overseas visitors tramping with us. Some of them will tell us of their favourite spots.	Alan Petersen , Ken Nugent	David Blake, Mary Roche
13 Dec	ORIENTEERING		Joan Ruffell, Mike Lusk	Owen Brown, John Berry
10 Jan	SOCIAL CATCH UP		Philip Mardon, Robyn Madden	Dave Heaps, Jean Luc Vachan
24 Jan	Mountain Safety Council	Find out what the MSC does and what resources are available	Judy McBride, John Montgomerie	Jeff Robertson, Liz Pindar

Duties of those on Supper and Host:

HOSTS: Greet visitors and fill in visitors book. Sweep floors and check that heaters and lights are off at the end of the meeting.

SUPPER: Put zip on, cups etc out, wash dishes and leave kitchen clean and tidy at end of evening and generally help Jenny.



ARE YOU FIT ENOUGH TO TRAMP ?

Even the easiest of club trips require a reasonable degree of fitness, and from time to time tramps have been seriously delayed by unfit party members. While individuals may have varying degrees of basic fitness it is unlikely that a person who has a sedentary job, or who plays no sport, will manage an average B Party trip. The best preparation for tramping is tramping and there are hilly places in Napier and close to Hastings which make excellent training areas. For example, a walk from the cattle stop car park in Te Mata Park to the top of the peak, via the big redwoods, and back to the cattlestop via the road-side track with an 8 kg pack should take about 70- 80 minutes. Further, this pace should be able to be maintained for 5 to 6 hours.

TRIP GRADINGS

EASY: 4-6 hours tramping - suitable for beginners.

MEDIUM: 6-8 hours tramping - suitable for those with some experience.

HARD: 7 hrs+ tramping - experience & a high level of fitness necessary.

Unless otherwise specified: an “A” trip would have a “HARD” grading and a “B” trip a “MEDIUM” grading.

GEAR LIST FOR DAY & WEEKEND TRAMPS

DAY TRIPS		WEEKEND TRIPS
<u>Wear/Carry</u>	<u>Carry</u>	All items listed for day trip plus
Pack & pack liner	Map & Compass	Sleeping bag
Boots & gaiters	High energy snacks	Sleeping mat
Socks	At least 1 litre water	Food for 3 additional meals
Parka & over trousers	Lunch	Cooker & Billy & matches
Fast drying shorts	First aid kit	Extra snacks
Fleece or wool Jumper	Torch, spare batteries & bulb	Toilet gear, small towel & toilet paper
Longjohns & singlet	Sunscreen	Additional warm clothes
Sunhat & warm hat	Emergency food	Plate, mug, knife, fork , spoons etc
Gloves/mittens & overmitts	Survival kit (whistle, cord, matches, survival bag, pencil, paper)	Tent/Fly if required
Whistle	Complete set of spare warm clothing	

Leave at truck/car: Complete set of clothing for the return trip and a mug with something to flavour hot water from the Clibbornette.

TRIP LIST September - January 2007

Although the area for the trip is generally adhered to, the suggested objectives may change for a number of reasons. For pre trip enquiries contact the organiser or Susan Lopdell 844 6697



Wed 13 Sept Lawrence to Lotkow - Kaweka Forest Park

Organisor: Judy McBride 8769756

Wed 27 Sep Rogue Ridge, - Kaweka Forest Park

Organisor: Joan Ruffell 8760531, Bobby Couchman 8778557

8th Oct Te Waka Range

\$15 Map V20

With the advent of Wind Farms this is probably the last chance to wander across this range. From SH 5 ascend to Te Waka trig then along the range to Potters Rd in Puketitiri

Organiser:

Driver:

Wed 11 Oct Oreka Station – Pukekautukie

Organisor: Peggy Gulliver 8797763

20-23 Oct (Labour Weekend) Kaimanawa \$30 Map T24

From Clements access road into Te Iringa and on to the Oamaru Valley. Traverse to Boyds Hut, Tussock, Harkness, Te Puke, Mangaturutu, Makino and out to Pinks Hut via Makino Bivvy

OR: Lake Colenso – Ruahine Range.

From Mangleton Road up onto the main Ruahine range and along to Aranga Hut. Trig U, Ruahine Corner, Lake Colenso and out to Yeomans

Organiser: Alan Petersen

Local Day Trip: Golden Crown to Parkes Peak Hut

Wed 25 Oct Yeomans Track – Wakarara Range

Organisor: Judy McBride 8769756

5 Nov Cairn Trip

\$0

U20

Our annual pilgrimage up onto the main Kaweka Range to our Club's cairn to commemorate past club members. Various return routes available

Organiser: Glenda Hooper 8774183

Driver:

Wed 8 Nov Tangoio Walkway and White Pine Bush

Organisor: Geoff Clibborn 8446039

11-12 Nov	Ruahine	\$25 Maps U22&T22
A: Travel to Renfrew Road on the western side of the Ruahine range and climb onto the tussock tops via Rangiwahia Hut. Traverse the tops to Howletts Hut and out to either Kashmir or Mill Road. B: From Renfrew Rd up to Rangiwahia Hut and onto the main range. Past the tarns and drop quickly down to Triangle Hut (6 bunks) for the night. Sunday follow the Oroua down to Hermitage Lodge and then drive round to pick up A party. Organiser: Driver:		
Local Day Trip: Hinerua Hut. In from Mill Road , crossing the Tukituki River and climbing to Hinerua Hut via Footes Mistake.		

Wed 15 Nov Bike Road – Highway 50
Organiser: Marion Nicholson 8735935

NB. 18 to 19 November is our annual Hazmobile Fundraising

Wed 22 Nov Cape Kidnappers
Organiser: Bobby Couchman 8778557

2 -3 Dec Kiwi Saddle Hut – Kaweka Range \$0 (for the worker bees) Map U20
Late start – Leaving Pernell about 8.30 to the Lakes Car park. Wander in to our club hut for a working bee. Maintenance work required on both inside and outside of hut. There will also be a chance to wander around the area.

Organisers: Hut Committee
Driver
Local Day Trip: Also into Kiwi Saddle to help with the working bee

Wed 6 – Thurs 7 Dec Sunrise Hut & Top Maropea
Organiser: Jim Hewes 8776784

17th Dec Tutira Area for the Xmas Social Trip \$10
Come out for the day with the Club to Lake Tutira. Opportunities galore: Canoeing, sailing, walking along trails with a BBQ to finish off.
Organiser : Ros Lusk 8778328 & Robyn Madden 8449661
Driver:

7 Jan Beach Trip Sth Hawkes Bay \$20
Walk from Porangahau to Blackhead Beach and visit the Te Angi Angi Marine Reserve.

Organiser:
Driver:

13-14 Jan	???????	\$to be confirmed
A mystery trip in the North Island that will involve some tramping, some sight seeing, and some socializing. More details in December's Pohokura.		

21 Jan	Taupo Rd – Ahimanama Area	\$15	Map V19
Travel along SH 5 9 km past Te Haroto summit and turn left just before Stoney Creek into Takere Road. Walk up Stoney Creek returning via high points 804 and 891 back to the truck. There is a hot spring on the left branch of this stream that we will attempt to find.			
Organiser			
Driver:			

28 Jan	Central Ruahine Range	\$10	Map U22
In from Kashmir Road up the Pohangina Sadle and into the Pohangina River and along to Top Gorge Hut. Climb back on to the main range and return to truck via Longview Hut			
Organiser			
Driver:			

OVERDUE TRAMPERS

Although returning parties plan to be out of the bush before dark, safety considerations must come first. This may mean that parties are late returning to transport. Even after arriving back at the transport, it may take 2 hours or more to return to the embarkation point. Beginners should make sure that anyone who might worry about them is informed of this. Leaders will try to get a message through to one of the “overdue contacts” if return seems likely to be later than 10 PM. All newcomers should ensure that their own emergency number is noted in the party list that the leader leaves in town. For all inquiries about overdue trampers please ring one of the following:

Susan Lopdell 844 6697 Jim Glass 877 8748 Glenda Hooper 877 4183

Cancellations: If you can not make a trip please contact the leader BEFOREHAND so as to avoid unnecessary delays for the rest of the party.

Club Meetings: These are held every second Wednesday (the one before a tramp) at the Hastings Harrier Clubrooms in Sylvan Road, Hastings. Doors open 7.25 PM, visitors are welcome.