## HERETAUNGA TRAMPING CLUB PO BOX 14086 MAYFAIR HASTINGS www.htc.org.nz

## POHOKURA - Bulletin No 220

September 2005
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Library: Liz Pindar, (870 0145)
Gear Hire: Dave Heaps, climbing gear (875 0088); Glenda Hooper- gear registrar
Sales Rep: Robyn Madden, (844 9661)

Club Meetings: These are held every second Wednesday (before a tramp) at the Hastings Harrier Clubrooms in Sylvan Road, Hastings. Doors open 7:25pm, visitors are most welcome.
50 c donation gratefully accepted each meeting towards hall hire (place in the old boot).
Web: www.htc.org.nz
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## TRAINING BULLETIN- SENDING FOR HELP

If someone in your party has a serious injury, or goes missing, you may decide you need help. If you can get a message out by phone or radio then getting advice or assistance may be quite easy. If not, someone will have to take a message out. It's preferable for two people to go. Those walking out should clearly mark their route using cairns, coloured material or arrows. This is particularly important if the remainder of your party is not in an easily identifiable location. These markers will help them if they lose their way and may also be needed to help rescuers find their way back, often in the dark.


Make sure those going for help take a written message, and know to contact the Police or DOC staff. Include the following information in the message:

## WHAT, WHO, WHERE, ACTION

## 1. WHAT has happened:

- Has there been an accident, illness or is someone missing?
- What assistance is required?


## 2. WHO is involved:

- Names, ages, experience and, if possible, addresses of both the party and any injured or missing people
- The physical and mental condition of all involved. Detail any injuries, treatment given and condition of patients.
- Detailed description of any missing persons. Age, height, size, hair colour \& length, clothing, pack, footwear, habits, equipment, etc.
- The gear they have with them including personal gear.
- Name and address of party's contact person.
- Next of kin of any missing people.


## 3. WHERE they are:

- The exact location of party - grid reference and description. If your not sure then work out a way SAR can find you.
- Where and when missing persons were last seen and there plans.
- Weather, river and snow conditions.
- Approximate travelling time from the road end.

4. ACTION already taken and immediate plans:

- Details of the planned trip.
- What has been done and what the party plans to do.

It may take some time to take the message out. It is important to remain calm - keeping occupied may help.
Make it as easy as possible for SAR to locate you. Mark your site clearly:

- Place an obvious marker on the nearest ridge or stream to indicate where your shelter is.
- Coloured material, cairns or arrows will help searchers find you.
- Keep a fire going. If possible, build it at the base of a dead tree, well away from your shelter. This will act as a 'chimney' to help the smoke break through the canopy. Use green leaves and branches to produce lots of smoke. Smoke is the easiest signal to see from an aircraft, but shaking a sapling vigorously, or waving a colourd object is also effective.


## TRIP REPORTS

## \#1900 Gentry Circuit

20 April, 2005

The Inaugural Tramp of the 'Mid-weekers'
After being cancelled twice because there was a speck of rain within a100 miles we set off from the Lyn Gentrys to the Haumoana Black bridge. From there we wandered upstream for 1 $1 / 4$ hours, had smoko beside the river, then up Moore Road to Tukituki Road and through the gate onto private land.

Gently the track wound up to the tops to amazing views of the sea and surrounding valleys. Had lunch under the pine trees from where we followed the track out to Bill Shaws in Te Awanga.. A walk through Te Awanga and along the beach to Kim Crawford Winery for a glass of ......... then back to the Gentry's.


A lovely $61 / 2$ hour way to pass a beautiful day. $L G$
Peggy, Marjoleine, Bobby, Judy, Glenda, Rodger, Lyn \& Lyn Gentry

## \#1901 Whirinaki ANZAC Weekend

The trip originally planned had to be reprogrammed firstly because we had only one driver and secondly on advice Sue had received from DOC that the track around the Te Hoe area was not recommended due to slips.

However with Lex at the helm we left Pernels @ 6AM and stopped briefly at Taradale to pick up some VIP'S and were on our way arriving at the Plateau Road at Car Park at 9AM just before some of the Napier Tramping Club turned up.
Our new plan was to spend the first night at Mamgamate Hut and we were away by 9.30 AM with the NTC going ahead of us. The track was well marked, undulating (what a misused word) and in good condition and we arrived at the Upper Whirinaki Hut at 11.40 for Lunch. Stands of Tawa, Matai, Rimu and Kahikatea were evident and admired but not much bird life so far.

Onwards then to the Mangamate Hut which had been re-sited on a saddle (GR 306654). The track followed the streams more often in than out and with some nice boggy patches and some members going to great lengths to keep dry feet. The deviation off the track and onto the new route was clearly marked and we were quite pleased to be on a dry track again for the last uphill grunt to the hut arriving at 4PM.

The Hut was overflowing and somebody said they counted 35 people about the hut. We were last there so for most Tents were the order of the day but Lex and Sue chose to sleep on the Verandah. Lex was trialing a new water resistant finish Domex Down Bag which he was well pleased with as the rain came in onto the Verandah. Some of the NTC were there plus other family groups from other areas some of whom had managed to bring a selection of wines with them.

Once we had had Tea (No Wine) and the sun went down it got quite cold and Rodger set a trend by going to his "Feather Heaven" at 6.30 amongst some scorn but the others mostly followed by 7PM. It had been a long day but we heard a Kiwi and Moreporks later on.

24th April
It had rained a bit during the night but the sun was out when we left at 8.15 on a new track down a spur to the site of the old Mangamate hut and then it was back into the stream plus Ongaonga and more Boggy bits till we got out of the water at the first bridge and climbed up arriving at the Whirinaki waterfall at 11.20 where we had lunch. After this it was easy going on a formed track climbing quite high over the river at times but very pretty. A bit of rain caused us to don Parka's for a while but it was not heavy. Mike meantime had come across an opossum busy eating and managed to get very close to it for some photo's (Thinking ahead to the Photo competition) after which he promptly grabbed it by the tail and bashed its brains out ! One up for conservation.
Plenty of signs of wild pigs foraging about and we arrived at the Central Whirinaki Hut about 3pm where again the hut was full up again with familiar faces and yet more wine.
There were excellent camping spots by the river bank where most of us camped.
Next morning (25th) and a later start and Sue allowed us to leave in dribs and drabs with the usual stop at the caves and also a sprinkling of snow on the tops of the Cabbage trees and open parts of the track and the last of us were back at the Truck at 12.15 for a brew up and return to Hastings.

We had been very lucky with the weather and had a great trip due to Sue's usual good organizational skills and thanks to Lex for driving. $R B$.

Party: Sue Lopdell, Lex Smith, Robyn Madden, Ros and Mike Lusk, Jenny Lean, Marion Nicholson, Rodger Burn, Ken Nugent, Garry Smith, Judy McBride and Murray Alderson.

## \#1902 Kaweka - Makahu to Pinks

8 May, 2005
6am start at Pernel Orchard... via Puketitiri to Makahu car park.

Set off 7;50 for Kaweka Flats in lovely Autumn weather, we got there at 9 am and had a 15 min break.

After driving round to Pinks carpark and walking in from other end Dave met up with us at Camp Spur junction. The 5 of us reached Middle Hill Hut at 12:14 and we had the luxury of an hour break before continuing on to Pink's carpark (reaching there at 3:10). Arrived home at 6 pm - great one way day trip. $C W$


## Pohokura

Party: Dave and Lee Heaps, Judy McBride, Marion Nicholson, Chris Waldron (leader).

A change of plans resulted in 7 of us meeting at the Pandora Pond at 8.30 and then off to Lake Tutira leaving the carpark about 9.45 making our way up the Galbraith track arriving at the Trig on Table Mountain at 11.45.

The track had some very boggy patches lower down made worse by the frequent use by cattle. The view from the top was wonderful with views to Cape Kidnappers on one side and the Mountain Ranges on the other side. In superb conditions we enjoyed a lazy lunch break and eventually made our way down following the markers to the smaller lake Waikopiro arriving back about 3.45. A great Mid Week Trip. $R B$

Party: Rodger, Glenda, Lyn, Lyn, Gloria, Marjoleine, Keith T,


## \#1904 Kaweka Circuits and Bumps

A Party - "The Kaweka Classic" - Makahu, Whetu, Venison Tops, Rocks Ahead, Back Ridge, J

With only three takers for this classic trip the hardy trio decided to travel in the luxury of Monty's vehicle rather than be bounced around in the truck. Once readied in the Makahu car park, around 8:30 am, I was rudely directed to "Get going Nana!" This I did, looking back occasionally to check the two "geriatric" males where coming up the rear. At the Dominie Biv junction I stretched out on a rock and enjoyed the only stint of sunshine for the day whilst I awaited the arrival of my party. They finally appeared in an excited state claiming to have seen some rare apparition known as the Spectre of the Broken. I must admit I regarded this was some scepticism but the claim was later confirmed by a photograph! The remaining climb up Kaweka J was into the descending mist and gloom, needless to say our trip across the tops could not be noted for the stunning views! We ate our lunch in the shelter of a rocky outcrop which overlooked Camp and Ihaka Spurs. This drew the usual debate over which spur was which! Our journey from Ihaka junction, westward continued through misty, wet conditions until we dropped from the ridgeline to head towards Venison Tops. To our horror the once beautiful beech bough lined track had been destroyed by excessive track clearing to about 4+ metre width in places. The magical ambience of bush tracks in this area has been obliterated as the same track clearing method has been applied to the track down to Rocks Ahead and from there to

Sterns Saddle. This disturbed us all greatly so was the topic of discussion over a well earned rest and cuppa at Tira Lodge. About $2: 45 \mathrm{pm}$ we headed across the Venison(less) Tops to the Rocks Ahead track. There were areas on this track where I would have welcomed the now removed tree trunk as a hand hold to steady myself on as the descent is quite steep. Arrived at the hut at $4: 45 \mathrm{pm}$ and Dave soon had the fire roaring. Took us a little time to settle him down as he was a tad upset by the newly erected "environmental pollution" which had been strung across the valley. In fact the following morning he crossed the river in the cage to closer inspect the bright orange balls now erected as a helicopter warning and also the check out the biv over that side.
We had left the hut around 8:00am and the weather did not promise any improvement on the day before. At least a fair portion of the $1000+\mathrm{m}$ climb was under bush cover.
As we neared the summit the pace quickened (well at least Dave's did) as he was expecting to be met by Leonie and Chrissy. The weather was foul so it was not at all surprising that there were no cheery greetings to be had on the J. Dominie Biv was the next call and the hut book confirmed they had braved the conditions to come and meet us but decided to retreat to the car park. I was already salivating - coffee and scones would be awaiting! We hoofed it down to the park by $2: 45 \mathrm{pm}$ only to find they had deserted us!! Withdrawal symptoms set in but were eased a little as we pulled in at Puketitiri, where the weather was marginally better, and made a coffee from Monty's thermos. Thanks to my tramping mates for a great trip. It was a good stretch for ageing legs!! Oops, I speak for myself, of course. $A C$

Anne Cantrick, Dave Heads and John Montgomerie
\#1905 Mackintosh Hut - midweek day trip 25 May, 2005

## \#1906 Lake Opuahi and Thomas'Bush

8 June, 2005
Wednesday Walkers

The day dawned damp but not unpromising. We had seen much worse weather. Seven of us set off for Lake Opuahi and Thomas'Bush .
The work that has been done on the predatorproof fence was impressive and will surround 400 hectares at a cost of $\$ 200$ dollars per 100 metres. The fence was inspected and duly admired.
The walk around the lake was very enjoyable. The bush looked beautiful and green in the misty air and we soon entered Thomas, Bush. We steadily climbed up to the lookout and got a grand view of Hawkes Bay. The mist and cloud slowly clearing.
After lunch we set off for Boundary Stream in the hopes of hearing the kokako. We walked the nrw short track recently put in by D.O.C., but although the bush was lush and beautiful we did not hear many birds. The day was just not their day to be out and about. We had a quick 'cuppa' and headed home. A very pleasant day.

Bobby Couchman, Rodger Burns, Judy McBride, Jenny Lean, Margot Benson/Cooper, Gloria Abraham, Peggy Gulliver.

## \#1907 Kiwi Saddle Hut

19 June, 2005

Because of the week of rain and high rivers the planned tramp to Shute's Hut was put off.

The weather forecast on Saturday night also put a lot of trampers off but 4 hardy members plus a new comer met at Pernel's at 6am with stars shining in a clear sky. Mike transported us to Lakes car park to be on the track by 7.20 am . It was a nice pace up the hill with lots of stops for viewing landscape and fungi. Near the top it was misty with a cold wind from the west. When we came out of the bush
before dropping down to the hut the mist lifted very quickly and Ruapehu came into view with the sun shining on it.

Apart from the fireplace that Mike cleaned and then lit and the floor needing a sweep, the hut was tidy. There is some fungi growing on the back wall outside that will need treating. We had an early lunch and packed out the empty bottles and old food from the hut with the sun shining but the wind still cold. Mike had found a large weta on the way up and marked the track so we were all able to see it on the way down. The sun had warmed it up so it was a bit more alive than it had been earlier on.
Thank you Mike for driving and to Ken Nugent, Peter Brown and David MacKenzie for a great tramp on a nice day.

Marion Nicholson.
\#1908 Sunrise Hut
22 \& 23 June, 2005
Seven of us spent a very enjoyable overnight trip in the revamped and very impressive Sunrise Hut.
Three of the guys all had birthdays around the date, so what better reason to forget any diets and 'eat cake'. And, that we did in style!
The evening was passed by playing a couple of board games and next morning, after witnessing the sunrise, 4 of us wandered up to Armstrong Saddle, and after more cake headed down to Triplex for lunch.
For those mid-weekers keen on cake - book early for next year!!
$L G$.
Graeme Hare, Lex Smith, Randall Goldfinch, Bobby Couchman, Jim Hewes, Lyn \& Lyn Gentry

## \#1909 Te Puia Hot Springs

2 \& 3 July, 2005

## Pantopryl Players Party

Having been part of the audience for all the preceding productions at Puketitiri, we were easily persuaded to participate in Deborah's production of the Pirates of Penzance this year. So after one onsite practice as a group, and many a personal warble in kitchen and shower, 19 of us turned out on Friday night, our involvement unbeknown to the cast. As usual the show was of a high
 standard, hemi-demi-semi-professional at least, and the locals are obviously now perfectly comfortable in the spotlight, even in drag. Also as usual there were some departures from the script, this year including two large and hairy mermaids. This alone was a stroke of directorial genius and will no doubt be seen so by the world of light opera, but as one of the mermaids had injured an ankle falling from a tree in the days preceding opening night; we were entertained by a mermaid WITH A CRUTCH. I believe there is already interest being shown by several marine biologists of repute, and the Society for Lonely Sailors has also been in touch.

We returned to Pam's flushed with pride, and slept en masse in every part of the house, excepting Pam who nobly (or wisely) elected to take herself to the garage. On Saturday some of us walked in to the hot springs to allow the humid air to pamper our voices, and the tarantaras were just as tuneful on Saturday as they had been on Friday. It is a tribute to the enthusiasm of the locals that the hall was full this night too, in spite of the Lions vs All Blacks test. Or perhaps Deborah wanted to protect at least a small numbers of Kiwis from witnessing the humiliation of her countrymen.

It seems no coincidence that Luciano Pavarotti has made arrangements to visit NZ soon, and we understand he is looking for a talented local chorus.

Thanks once again to Pam for her extended hospitality, and congratulations to Deborah and her team for providing many people with a night, or two, of great fun. $M L$

The Chorus: Pam Turner, Shirley Bathgate, Barbara Taylor, Randall Goldfinch, Christine Snookes, Alan Peterson, Robyn Madden, Liz Pindar, Peter Berry, Glenda Hooper, Graeme and Helen Hare, Ros and Mike Lusk

## The Saturday Party

For many members of the HTC, the 1st and 2nd of July 2005 meant the presentation of the Pirates of Penzance by the Puketiri Pantopral Players. 2005 heralded the debut of the "HTC Singers ", who had secretly been practicing to become the "back-up" policemen of the chorus and joined in the singing of several choruses -to the utter amazement of the cast on the stage. It was fun!

However, this caused a dilemma! The singers wanted to walk to Mangatainoka on Saturday and others wanted to go on the usual Sunday trip. All was solved by having Saturday and Sunday parties Marion Nicholson kindly looking after the Sunday group.

The Saturday group had strict time lines -ie to be home for the excellent dinner organized by Pam and then on to the 2 nd performance. Debate resulted the evening prior about the time to drive from Pam's house to the Blue Gums and more importantly -how long it would take to walk to Te Puia Hut! Ros was sure it would take 2 hours but no bets were placed.

Saturday dawned fine -without too much frost. 6 set off -nearly making the 7.30 am departure time. The walk was very enjoyable and the tail-enders were at the Hut in exactly 2 hours, though Lex was keen to put some delaying tactics in place. We spoke with a pleasant young man at the Hut, while we had morning tea. He was a student at Otago University and was with 4 or 5 other young men -all keen hunters and fishermen. It was good to see them thoroughly enjoying their stay at Te Puia.

We all went on to the Hot Pools and had a lovely relaxing soak - 3 party members jumping in the River and back into the pools. Very exhilarating and skin toning! We enjoyed the walk back to the Blue Gums and managed to be right on time. Mike didn't find too many fungi to photograph but we did see some fine trout in the River. Not many birds - whiteheads, robins, fantail and a pair of Mallard flying down the River. We enjoyed splendid river views, good company and what a treat- hot showers and a delicious meal cooked for us. Thank-you Pam, for your generous hospitality. $R M$

PARTY - Alan Petersen, Graeme Hare, Lex Smith, Mike Lusk, Ros Lusk, Robyn Madden.

## The Sunday Party

With a very heavy frost 10 of us left Pernel's at 6am cuddled up in the blankets leaving Selwyn coping with the icy road.

It is always nice to walk the track with the Mohaka beside you.
Before the lodge 2 young men were running back along the track to get a signal out as one of a party of four did not come back from hunting on Saturday and his friends could not get a reply to shots fired on Sunday morning.

We stopped briefly at the lodge then went on to the hot pools for lunch and a soak for some of us. On the return trip we were pleased to read in the hut book that the lost person had been found.

Selwyn had stayed with the truck and did a short walk. We joined him for a hot drink before our return journey home.
Thank you to my team, it was a great day, and thank you Selwyn, from all of us for driving. $M N$
PARTY: Ray Manning, Kerri Johnstone, Mathew Flanagan, Claire Hatfield, Judy McBride, Sally Wood, Ken Nugent, Peter Brown, Selwyn Hawthorne, Marion Nicholson.

## \#1910 Sunrise Hut

On the $6^{\text {th }}$ July we made a day trip to Sunrise Hut as most of us hadn't seen the alterations and were unsure of the state of Kashmir Road for cars. It was a lovely day and we too thought the hut was great. GH:
Marion Nicholson, Bobby Couchman, Glenda Hooper, Rodger Burn, Judy McBride


## \#1911 Napier Lagoon - mid week day trip

20 July, 2005

## \#1912 Howletts Hut

6am and the dawning of a beautiful day as promised. Eight sleepy bods assembled at Pernel, truck battery flat and no iceaxes or crampons. Not really the ideal start for so early in the day but with a good forecast, we had to do it. After tow starting the truck we headed to Havelock to borrow an iceaxe from Monty then headed south picking up Dave Mullander on Makaretu Rd.From Kashmir Rd the climb to Longview was relatively uneventful although there was a very chilly bite to the fairly gusty wind. Saying farewell to Graham, who had opted to stay at the hut as he wasn't feeling the best, the A \& B parties together headed through Pohangina Saddle and upwards to Otumore.

On top the wind was quite strong at times but we had indeed been blessed with great weather and an awesome vista to the northwest, Te Hekenga, Tihara and beyond to Ohuinga, the cloud had rolled back to expose well clad snow slopes and our intended route the following day.
Lunch at the top of 'Ros's Mistake' then down through Orua Sadle and up onto Daphne Ridge to complete the final hour or two to Howletts. No sooner had we arrived and lit the fire, the cloud rolled over bringing with it driving wind filled with bits of ice. The usual hustle and bustle of hut life at tea time, humour followed by a few sweet treats then a good nights sleep.

Sunday morning was damp and very windy. Sawtooth out of the question and the B party pleased to have been persuaded to reverse their planned trip. We all headed down to Daphne where Anne and Gerald opted to head for Mill Farm via Black Ridge \& Rosvalls Track. The rest of us took the overland route out to Daphne carpark where Graham met us with the truck. A quick detour to collect the others from Mill Farm and back home by 5 pm .
Thanks to all for a great trip. $E H$
PARTY: Anne Cantrick, Sandy Claudatos. Gerald and Jeremy Blackburn, Peter
Brown, Ken Nugent, Dave Mullander, Graham Hare and Ed Holmes (leader)

## \#1913 Te Puia Hot Springs - mid week trip

3 \& 4 August, 2005

## \#1914 Makahu

14 August, 2005

## A PARTY - Quarry to Makahu Car Park

After a brief stop off at Makahu Carpark to drop off the B and C parties, 7 of us went back up the road to the Quarry leaving Graham to return the truck back to the car park.

We descended down the long ridge to GR 085128 and crossed the Makahu River. The ridge was easy travel and at times hot. We had good views over parts of the Nicholas's farm.

The travel up the ridge to high point 1019 was not as easy as the previous ridge. In fact it was very hard going, and at times we were on all four's crawling along under the manuka and bush lawyer - in other words, "jungle pus". It took 5 hours to travel 3.5 km 's because of the dense bush.

We emerged on the track at the point we were aiming for at around 4.30 pm and then set off at quick pace back to Kaweka Flats Bivy and onto the Makahu Car Park. By the time the truck set off from the car park, it was about 7 pm .

This trip was a reminder of how difficult it can be to judge the time it will take to travel distances when in untracked, unknown country. Even with the best of intentions and a strong party, the actual time to complete the trip can far exceed the estimated time.

An adventurous trip. Thanks to Dave for Driving. $J B$
Christine Snook, Dave Heaps, Jeremy Blackburn, Gerald Blackburn, Peter Brown, Michelle Burden, John Winter

## B PARTY - Makahu Saddle, Kaweka Flats, Iron Whare, Black Birch Range.

It is not often that four parties of trampers travel out on a Sunday trip, but that is what happened this weekend. Our group of nine, the B party, started out from Makahu Saddle for Kaweka Flats pleased to be out of the keen wind blowing about the saddle. Makahu Hut, as is usual, was tidy and welcoming. At ten o'clock we were enjoying a snack outside the Kaweka Flats Bivy. Continuing along the Middle Hill Track to the lookout point, where the stream is a long way down, we retraced our steps to the beginning of the Iron Whare track that starts in the beech trees, 50 metres back. From here on until we reached the Quarry Road pink and orange tape guided us, sometimes frequently sighted, sometimes intermittently visible.

Iron Whare, now classified as an historic place, could also be classed as a memorial to the musterers, early settlers and farmers of the region. We were able to retrieve Pam's overtrou left from her visit in

February. It was also time for an early lunch. From here the track, in part very obvious and at times a little elusive, quickly dropped down into the Makahu Stream that has good terraced camping sites.

The day before on the Saturday, the Napier Tramping Club had a similar sized party doing the same trip as us in reverse. After a scout around Mike located markers to guide us up the ridge, linking numerous clay pans, leading directly to the quarry. While climbing up the last section the weather closed in and the temperature dropped rapidly. Rather than wait for the truck we walked along the road back to Makahu Saddle Car Park for hot drinks and biscuits and. hilarity in the back of the truck to await the A party.
Another great day in the Kawekas. Thanks for coming. GRH
Marion Nicholson, Bobby Couchman, Glenda Hooper, Lynette Blackburn, Mike Lusk, Ken Nugent, David McKenzie, Alan Thurston, Graeme Hare.

## C PARTY - Makahu.

Pam Turner, Liz Pinder and myself went botanising and bird spotting along the Ngahue loop track on a mild day. Pam, Liz and I decided to denude Pinus Contorta saplings along the Donald River track. Removed about 300 - lots more to take out. Heavy rain about $3: 30 \mathrm{pm}$ and awaited other parties to return. Good easy dayout. Shirley Bathgate

## \#1915 Taradale Walks

17 August, 2005

## Otatara Pa, Dolbell Reserve, Sugar Loaf

On a warm, sunny morning, eleven of us met at the leisurely hour of 9am to wander firstly, up the Otatara Pa reserve. After examining the new entrance shelter with its informative display panels, we walked up past the stockades and kumara pits, through farmland to the Trig. As well as watching the newborn lambs at close quarters, we enjoyed the wonderful views of Hawkes Bay on such a lovely day. We returned downhill to Churchill Drive, then via a zigzag track through a reserve attractively planted with native shrubs and trees to Hetley Cres. Back on Gloucester St. we decided as we were walking past it, to visit the Pettigrew Green Sports Arena for the benefit of those who had not yet been there. Toilet stops and ice creams!!

Returning to the carpark at 11.30 am we then drove to the Dolbell Reserve. After a leisurely picnic lunch, we set off to explore this park. The track goes up through open grassland to the top, where more expansive views were enjoyed. Downhill, the path passes through an area with numerous plantings of native trees and shrubs several of which had a plaque and had been gifted in memory of a loved one. Local service clubs, in particular Taradale Rotary, are doing a great job in developing this area.

Back into our vehicles (to save time, of course) we drove to the Sugar Loaf carpark in Cumberland Rise ready for our last ascent! Taking the easiest, most gradual route we ambled up the hill enjoying the views and admiring all the big new homes which have recently sprung up on lifestyle blocks in this vicinity. It was a glorious day, perfect for soaking up the sunshine and the wonderful vistas of the Bay. How fortunate we are to live here!

By 2.30 we were back down at the cars and some thirsty walkers had a welcome cuppa at the house of Hares ending a very pleasant day rambling around the hills of Taradale. $H H$.

Party: Glenda Hooper, Bobby Couchman, Judy McBride, Chris Brown, Marion Nicholson, Christine Hardie, Pam Turner, Barbara Taylor, Peggy Gulliver, Alva McAdam Helen Hare

## History in Your Backyard

## What's In a Name?

Ever wondered how places got there name? Here's a few that I've discovered.
Pohokura - Literally means red breast; poho (breast); kura (red). One version goes that when Kahungunu and his father Tamatea visited Heretaunga they took as pets a tuatara lizard and a huge crayfish. They travelled inland and placed the crayfish in a large hole in a stream, and at Pohokura, on the Ruahine Ranges, they freed the lizard in a large cave. A greenstone heitiki was fastened round its neck and a tree which was called pohokura was planted. It is said the lizard is still there, and when it roars it is an indication of bad weather. The place Pohokura is upstream of Shute's Hut on the Taruarau river.

Heretaunga - here (to tie); taunga (to come to rest, applied to a canoe).
Kaweka - tall or a ridge of a hill.
Ruahine - a wise woman or an old woman.
Studholm Saddle - from the Studholme brothers who ran Ngamatea station from 1875 to 1903. At the end of their lease something over 42,000 Merino sheep were mustered into the station!

Kaimanawa - Heart-eater. Kai (to eat); Manawa (heart).
Macintosh - In the early station days soon after sheep were turned out on the lower range country, a party of shepherds, including a man named Macintosh, were sent out to muster in to the station, any sheep they could find that had strayed into the further back areas. After having been out for days, the shepherds, all except Macintosh, arrived back without having been able to muster in a single sheep. As there was still no sign of Macintosh next morning, the station people baggan to get apprehensive for his safety. A search party was sent off. The yhadn't got far before meeting up with macintosh with over a hundred sheep in hand. He hand gone into the high tableland country, come onto the sheep in various places, mustered them, and driven them down the over the Donald and Tutaekuri rivers and in to the station all on his own. It was this exploit which caused the country from which the sheep had been brought, to be called the Macintosh.

Tararua - tara (bird spear); rua (two). The double peaks of the Tararua range are Pukeamoamo and Pukeahurangi opposite Otaki, both named by Rangi-kaikore (Rangi the foodless), because he broke two tara or bird spears while on the range.

Makahu - $m a$ (white); kahu (hawk). White hawk.
Mohaka - mo (used for). Placed used for doing a haka.
Waikamaka - wai (water); kamaka (rock or stone).
Tukituki - To demolish or batter. From the legend of Ruataniwha. Rua (two); taniwha (water monster). Two great taniwha once lived in a lake. They fought over a boy who fell in, and their struggles formed the Tukituki and Waipawa Rivers, which drained the lake. Waipawa probably comes from Waipawamate, water smelling strongly, or dead water.

## Book Reviews. By Tony Gates

## 1. Between a Rock and a Hard Place. By Aron Ralston (2004), Atria Books, New York. 354 pages (soft cover), rrp $\$ 35.00$ (Hard cover now also available)

Summertime reading for me included this best seller, the first book by the Colorado man who cut his own arm off. It was a very worthy read, and as the flyer stated, at least as good as "Touching the Void" by Joe Simpson. Ralston gained considerable publicity and sympathy (and criticism) for the event- you may think a lot more than he deserved, but now he has earned it with this book about what happened to him, and what he did. And like Simpson, he has proven to be a brilliant writer. Late last year, Ralston was in New Zealand on a promotion tour for his book, and I'm kicking myself for missing meeting him.

The author was a fit young man partaking in somewhat dangerous adventure sports. He did many outdoor activities solo, perhaps with minimal equipment, and he eventually got caught out. Yes, he nearly died. Yes, he had to cut his own arm off to live. And yes, he wrote a gripping account of his struggles. Once stuck, he logically worker through the possible options; ie wait for rescue, chip out the rock, lift the rock with pulley assistance, or cut his arm off (ie suicide). And he frequently thought of the other most obvious option- die. He also considered various pains- sleep depravation, fear, dehydration, cold, infection, blood loss, hunger, and loneliness, with dehydration being the most deadly. He therefore calculated water usage, and eventually drunk his own urine. For 120 hours, or six days, Ralston was stuck between two rocks, and for most of that time, he kept his sanity. He even took photographs and videos of himself (and his arm, rather, what was left of it), and recorded his (then) last will and testament into his video recorder.

The book is of one outdoor trip that went wrong. In between each chapter of the arm cutting trip, there are chapters of other activities in his life- being chased by a Grizzly bear, living through an avalanche, and a few somewhat more mundane activities. I initially though that the book was way too long for such a story, but It's not. It makes a fine read, gripping, and tearful at times, and with wonderful quotes. And like Simpson's epic, we will see this book in our shops for many years to come, and I guess one day we will see Ralston's epic on the big screen.

## 2. New Zealand wildflower portraits. By Shelia H Cunningham (2004), published by Ashley Cunningham. 92 pages, soft cover.

Shelia's first book "Hawkes Bay for the Happy Wanderer" should be familiar to all Heretaunga trampers the best tramping guide in the region. It's great for history, botany, and recreation, and stresses the author's love of the region. Shelia died in 1988, but her legacy continues with plantings at Lake Tutira and Bay View, the book her husband Ashley wrote about her, and now, this lovely book of her paintings of wildflowers. Ashley has compiled about 300 paintings of flowers, each with a short description, into the book. Sure, most specimens are weeds, including thistles, gorse, and the like, but there are a few natives. The book is designed to be educational as much as artistic, and its knowledge will add to any tramp. A very nice book.

## 3. Westland Foothills and Forests, a walking and tramping guide. By Pat Barrett (2004), Shoal Bay. 160 pages, soft cover.

Wilderness magazine features much of Pat Barretts work, and you can find more in other publication such at the Christchurch Press. It's good work, consistent, and with the regular theme of general tramping details, and good to study if you are venturing out. Some information might be a bit dated (the author has been around for a long time), and it might not be totally comprehensive, but it does fill a gap, and would make a nice pressie. If you were driving down the West Coast, and needed a few little (and not so little) walks to do, then this book will give you many good ideas and advice.

Pickering, Spearpoint, Brabyn and Bryant, and others, have all presented books about a variety of tramps in this area, so it's not all new information. It has the expected tramping tips, maps, weather

## Pohokura

advice, history, etc, that one would expect from an experienced tramper and writer, and numerous quality photographs. If I were to criticize them, there are no photographs of poor weather. An overseas visitor could be excused thinking that the West Coast is a land of sunshine and tinkling streams. However, they are very nice photographs. One other irritant was the maps- copies of topo maps for each tramp, but some of differing scales of about (but not precisely) the 1:50 000 that we are used to.

The route guides start in the north of Westland, at Karamea, working south to end at Haast. There are not so many walks described in the southern end. They include four National Parks, numerous easy coastal walks, and a few rugged tramps. Each walk is nicely written up, taking between half and two pages each.

## Obituary:

In loving memory of Rosemary Greenwood 1909 to 2005

Rosemary was an early member of the HTC and a consistent tramper. She was a very knowledgeable botanist and could name every plant, fungus, bush and tree in Latin and everyday usage.

She was a quiet gentle woman and had a great inner strength. A very keen member of the Royal Forest \& Bird and will be missed by so many who knew her.

Shirley Bathgate


## May 2005

For your safety, every effort has been made to ensure this information is correct. However, you should always seek more information before you begin your trip and be prepared to change your trip according to the conditions. To report any safety hazards in the outdoors call Safety Watch, 0800 999005.

| RUAHINE FOREST PARK <br> (EASTERN SECTOR) | KAWEKA FOREST PARK |
| :--- | :--- |

FOR SALE
BLANK GREETING CARDS, By Leatherwood Lenz.
Leatherwood Lenz has produced a number of blank cards, each with a quality colour digital
image of a tramping scene. (Well, there is one black and white). These are designed for
Christmas, birthday, and general use, to show people the enjoyment and scenery of
tramping. A variety of tramping themes and areas throughout the Ruahines and Tararuas
are presented. New cards can be customized to your request.
Cards are $\$ 2.50$ each, or $\$ 20.00$ for ten.
For details, contact leatherwood@pcconnect.co.nz
Tony Gates, 0252461901,063577439 (H).

## CLUBNENS

## Hazmobile Collection. <br> This great fundraiser is on again. <br> Saturday 26 and Sunday 27 November.



Ring Graeme on 8448656 if you want to know more details.


## Heretaunga Tramping Club

$70{ }^{\text {th }}$ Birthday

All members both current and past are invited to a dinner to be held at the Hastings R.S.A, Avenue Road on Friday 7th October

## 70 ${ }^{\text {th }}$ Birthday: Friday 7 th October

6.15pm Drinks (own cost) \& Socializing
7. 30pm Dinner

Dinner $\$ 25$ a head (non financial members and guests)
Current financial members, $\$ 5$ a head. ( subsidised $\$ 20$ by the club )
Meals to be paid for at the RSA.
Please invite past members to this evening.
Names and numbers required by Sunday 2 October to Graeme Hare ph 8448656 or Lynette Blackburn 8772340

# Heretaunga T C v Napier T C <br> We have been invited to meet the Napier Tramping Club and show our skill at Ten Pin Bowling. <br> Friday 25 November 7.30pm at Superstrike Ten Pin Bowling Omahu Road Hastings. 

Come and help us retain the Trophy
Phone Lynette B 8772340 or Graeme H 8448656

Previous Social Events -There was a very large turnout to see the excellent "Best of the 2004 Banff Mountain Film Festival" at the Century Theatre Napier.

Births:


Hebe Catriona Fowler was born on the 21 August and the wee treasure is doing really well in the wonderful Wellington Neonatal unit, unfortunately the twin with the ruptured membranes, Robert the Battler Fowler, did not survive, his lungs hadn't developed sufficiently.
Tina and Andy would like to thank the club for all the love and support that our tramping family has given us during this difficult time.


Welcome to New Member: Raewyn Ricketts,

## Letter from old HTC member - Sharon Charteris

I'm residing in a little town called Busselton, which is 3 hours south of Perth in Australia. I don't tramp any more, firstly because this country just has too many ants, spiders, snakes, scorpions and centipedes for my liking, but also because my back was injured in a car crash and I can't even carry the kids school bags on my back, let alone a pack.

However, I am making a trip back to the Bay next January and would love my kids to spend a day in the bush. I'm hoping there'll be a family trip I can tag along on during my visit. My partner is a mad keen trout fly fisherman who publishes the odd fishing article. He can't wait to get back to the rivers to fight the big NZ trout.

If anyone in the club still remembers me, feel free to pass on this email address. I would love to hear from them. vinceandsharon@hotmail.com

And if there's any mad members in the club (which I know there are), we have a track here called the Billbulmen (not spelt correctly) that goes all the way from Perth to the south coast at Albany! A pretty impressive trek!!

## CLUB PHOTO COMPETION

A lot of inspirational entries again this year. There was a new category replacing slides with digital shots. The overall and scenic winner was Lynette and Gerald Blackburn with this picture of Ruapehu from the Rangipo desert side:


Lex Smith won Flaura and Fauna

## Ros Lusk won Club Character



Tina Godbert won the Digital section


Marjoleine Turel was the runner up


## SEARCH AND RESCUE NEWS

- Club members were involved in Search and Rescue operations at Tatarakina and Te Awanga.
- April 12 - A training session was held on helicopters and winching with Lowe Rescue Helicopter.
- May 7 \& 8 - Eight club members attended a very worthwhile Track and Clue Awareness 1 course at the Whakarara school.
- June 25 \& 26- Twelve club members got stuck in at an Outdoor First Aid course at the Guthrie Smith Outdoor Education centre, Tutira.
- August 13 \& 14- Wairoa SAR organised a training weekend at Dave Withers Farm at Ruakituri. No club members attended.


## * Next SAR Exercise is scheduled for the 15 \& 16 October and will be in the Tatarakina area near Tarawera*

## Coming Meetings:

| DATE | TOPIC/ <br> SPEAKER | COMMENTS | Hosts | Supper Help |
| :---: | :---: | :---: | :---: | :---: |
| 21 Sept | Alistair Bramley | Kiwi Research | Glenda Hooper , | Anne Cantrick |
|  |  |  | Gerald Blackburn | Ray Manning |
| 5 Oct | Lyn Gentry | A quick visit to Slovenia, Croatia, | Alan Petersen, | Selwyn Hawthorne Liz Pindar |
| 19 Oct | Social | Time left free for Labour Weekend | Chris Waldron, | Shirley Bathgate |
|  |  | trip organization | Michelle Burden | John Berry |
| 2 Nov | Geoff does Aussie | Chance to catch up on Geoff \& Evelyn's mobile home tour of | Pam Turner, | Judy Mcbride |
|  |  | Aussie. | Gerald Eyles | Philip Mardon |
| 16 Nov | AGM | Have your say - help the team. | Geoff Clibborn | Susan Lopdell |
|  |  |  | Kerri Johnstone | Joan Ruffell |
| 30 Nov | Quiz night | Test your knowledge | Helen Hare, | Robyn Madden |
|  |  |  | Jim Hewes | Geoff Robinson |
| 14 Dec | Social | Time left free for Christmas | Bobby Couchman Raewyn Ricketts | Chris Waldron <br> Ros Lusk |

## Duties of those on Supper and Host:

HOSTS: Greet visitors and fill in visitor's book. Sweep floors and check that heaters and lights are off at the end of the meeting.
SUPPER: Put zip on, cups etc out, wash dishes and leave kitchen clean and tidy at end of evening and generally help Jenny.



#### Abstract

ARE YOU FIT ENOUGH TO TRAMP? Even the easiest of club trips require a reasonable degree of fitness, and from time to time tramps have been seriously delayed by unfit party members. While individuals may have varying degrees of basic fitness it is unlikely that a person who has a sedentary job, or who plays no sport, will manage an average B Party trip. The best preparation for tramping is tramping and there are hilly places in Napier and close to Hastings which make excellent training areas. For example, a walk from the cattle stop car park in Te Mata Park to the top of the peak, via the big redwoods, and back to the cattlestop via the road-side track with an 8 kg pack should take about 70-80 minutes. Further, this pace should be able to be maintained for 5 to 6 hours.


## TRIP GRADINGS

EASY: 4-6 hours tramping - suitable for beginners.
MEDIUM: 6-8 hours tramping - suitable for those with some experience.
HARD: 7 hrs+ tramping - experience \& a high level of fitness necessary.
Unless otherwise specified: an "A" trip would have a "HARD" grading and a "B" trip a "MEDIUM" grading.

## GEAR LIST FOR DAY \& WEEKEND TRAMPS

Wear/Carry
Pack \& pack liner
Boots \& gaiters
Socks
Parka \& over trousers
Fast drying shorts
Fleece or wool Jumper
Longjohns \& singlet
Sunhat \& warm hat
Gloves/mittens
overmitts
Whistle

## DAY TRIPS

## Carry

Map \& Compass
High energy snacks
At least 1 litre water
Lunch
First aid kit
Torch, spare batteries \& bulb
Sunscreen
Emergency food
\& Survival kit (whistle, cord, matches etc, pencil, paper)
Complete set of spare warm clothing

## WEEKEND TRIPS

All items listed for day trip plus
Sleeping bag
Sleeping mat
Food for 3 additional meals
Cooker \& Billy \& matches
Extra snacks
Toilet gear, small towel \& toilet paper
Additional warm clothes
Plate, mug, knife, fork, spoons etc
Tent/Fly if required

Leave at truck/car: Complete set of clothing for the return trip and a mug with something to flavour hot water from the Clibbornette.

## TRIP LIST September - January 2006

Although the area for the trip is generally adhered to, the suggested objectives may change for a number of reasons. For pre trip enquiries contact the leader or Dave Heaps 8750088


## 11 September Ruahines

$\$ 10$
Map U21/U22
From Mangleton Road walk up to a four wheel drive track to the site of the Kaumatua Hut. From there navigate across the base of the range to Ellis Hut and return. A good opportunity to use navigational skills.

Organiser: Glenda Hooper 8774183
Driver:Peter Berry

## Wednesday 14 September

A walk along the stopbanks upstream of Waipukurau.
Organiser Glenda Hooper 8774183

## 24 to 25 September Kaimanawa Forest Park

\$15 Map U19
A: Leave from lower Clements Rd and climb to the site of the old Te Iringa Hut then drop down to the Kaipo/Oamaru junction. Follow the Kaipo River to Cascade Hut for the night. Sunday out to the Upper Clement Road carpark (suitable for a fit party).

B: Walk through Poronui Station to Oamaru Hut and camp 1 to 2 hours up towards the Kaipo River. Sunday out to truck via the Te Iringa Track and drive round to pick up A party.

Organisers: A:
B: Susan Lopdell 8446032
Drivers (2) :

25 September - Local Day Trip: Parks Peak Hut from Mangleton Road.

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Wednesday 28 September: Maungaharuru Range
Go to Bell Rock from the Pohokura Road - 8 AM start
Leader: Rodger Burn 8776322
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| 9 October Kaweka Forest Park | \$10 |
| :--- | ---: |
| Leave from Lotkow Road following tracks down to the Donald | River. |

## Wednesday 12 October: Ruahine Forest Park

Map U22
Gold Creek Hut overland through Hall's Farm (if permission is given) and return same way. 7 AM start
Leader: Judy McBride 8769756

## 15-16 October - SAR Exercise - Tatarakina area near Tarawera

Contact John Mongomerie 877-7358

## 21 - 24 October (Labour Wkend) South East North Island \$25

Option A: Haurangi Forest Park: This attractive bush traverse sidles the Haurangi Forest Park on good tracks via Washpool, Pararaki, Kawakawa and Mangatoetoe Huts. A lot of up and down tramping, but the birdlife, healthy forest, occasional views of the coast and nifty campsites more than compensate

Option B: Orongorongo area, (Rimutaka Forest Park): In from Western Lake Road over the Papatahi Crossing to the Orongorongo River valley. Various options to return either via Turakirae Head along the beach or the Muka muka Track.

Truck Party: Chance to visit Cape Palliser, Lighthouse Reserve, Putangirua Pinnacles, Lake Ferry, and Ocean Beach.

Organisers: A: Dave Heaps 8750088 B: Susan Lopdell 8446697 C:
Driver:
23 October - Local Day Trip: Mt Kohinga (Bonny Mary) area near Kuripapango

## Wednesday 26 October: Local Area

Walk from Clive to Havelock North via the proposed pathways route. Going along the coast and then up the Tukituki River stop bank

Leader: Lyn Gentry 8750542.
6 November Kaweka Forest Park $\$ 10 \quad$ Map U20

Annual pilgrimage to the Club's cairn on the top of Kaweka J to remember Club members no longer with us. Various interesting routes to return to carpark after the 11 o'clock service.

Leader: Mike Lusk 8778328
Driver:

## Wednesday 9 November: Te Waka

Walk to Te Waka via Potters Road (if permission for access is given) and back same way. 7.30 AM start

Leader:

A: Leave from Triplex to go up to Armstrong Saddle then along the tops to Orupu and down to Maropea Forks Hut for the night. Sunday return to truck via Top Maropea and Sunrise Huts

B: Leave from Triplex and wander up the Waipawa River and over the saddle to Waikamaka Hut and on to Waterfall Hut for the night. Various options for the return trip on Sunday

Organisers: A:
B: Rodger Burn 8776322 Driver:

20 November - Local Day Trip: Yeomans Track - Wakarara area.

## Wednesday 23 November: Kaweka Forest park

Map: U20
Go to the Clover Patch on the Black Birch Range from the Quarry are and return back the same way. 7 AM start

Leader: Jim Hewes 8776784

## 4 December $\quad$ Southern Ruahine Forest park $\$ 10 \quad$ Map U23

A: Leave from the W Tamaki picnic area and walk in to Stanfield Hut and up on to the Main Range to Takapari Trig. Follow along to Grid Ref 1128 and descend to Cattle Creek Hut. Return back via Stanfield Hut and Holmes Ridge Track.

B: Climb to A Frame Hut from the picnic area then walk along tops before descending down to Stanfield Hut and returning to truck via Holmes Ridge Track or stream bed.

Organisers: A: $\qquad$ B:Christine Snook
Driver:

## Wednesday 7 December \& Thursday 8: Kaweka Forest Park

Map U20
Trip in to Kiwi Saddle Hut and stay overnight. Route out to be decided later. Start 7.30 AM
Leader: Rodger Burn 8776322

## 18 December Christmas Social Trip: Kuripapango Area $\$ 10$ Map U20

Drive along Taihape Road stopping near Lumsden Road to follow the track through the pine forests to the Wakarekare Stream and two waterfalls (14 and 23 metre drops). Continue downstream to the bridge at Kuripapango. Relax, swim kayak and socialize with BBQ to follow,

Organisers Social Committee
Driver

| 8 January $2006 \quad$ HB Coast |
| :--- |
| Leave from Tangoio Beach to walk along past Flat Rock and Taits Beach to Waipatiki Beach |
| Organiser: |

## 14 to 15 January <br> Palmerston Nth Area \$10 <br> Map T24

B (Main Trip): Travel through to the Manawatu on the Saturday afternoon and walk the Beehive Creek Walkway ( 3.5 km ) before setting up camp at Totara Reserve beside the Pohangina River for night.
Sunday travel to the Kahuterawa Valley (near PNth) and walk the Sledge Track through to Hardings Park (861 ha of native bush at the Sth end of P Nth town water supply area) and the Platinum Mine Loop Track. Items of interest includes a good swimming hole, waterfalls, Argylle Rocks , a 600+ year old rimu tree and old plantinum mine shafts.

A: (Other Options): Either an overnight trip in the Northern Tararua Range to come out via Scotts Road or a through trip in the Southern Ruahine Range to emerge at one of the road ends off Top Grass Road - Leader's choice

Organiser: B: Glenda Hooper 8774183 A: Driver:

## OVERDUE TRAMPERS

Although returning parties plan to be out of the bush before dark, safety considerations must come first. This may mean that parties are late returning to transport. Even after arriving back at the transport, it may take 2 hours or more to return to the embarkation point. Beginners should make sure that anyone who might worry about them is informed of this. Leaders will try to get a message through to one of the "overdue contacts" if return seems likely to be later than 10 PM. All newcomers should ensure that their own emergency number is noted in the party list that the leader leaves in town. For all inquiries about overdue trampers please ring one of the following:

Dave Heaps 8750088
Jim Glass 8778748
Glenda Hooper 8774183
Cancellations: If you can not make a trip please contact the leader BEFOREHAND so as to avoid unnecessary delays for the rest of the party.

Club Meetings: These are held every second Wednesday (the one before a tramp) at the Hastings Harrier Clubrooms in Sylvan Road, Hastings. Doors open 7.25 PM, visitors are welcome.

