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Huts	<u>John Montgomerie</u> , Janice Love, Randall Goldfinch, Scott Campbell
Training	<u>Alan Berry</u> , Scott Campbell, John Montgomerie
Meetings	<u>Graeme Hare</u> , Philip Mardon
Social	Joan Ruffell, Anne Doig
Sales	Penny Isherwood
Scrap Book	Janice Love
Library	Liz Pindar
Supper	Joan Ruffell, Alasdair Shaw
Photographic Records	Janice Love
Membership Records	Glenda Hooper
Publicity	Glenda Hooper, Jude Hay, Janet Titchener, Robyn Pohlenz

Club Meetings

These are held every second Wednesday [before a weekend tramp] at the Hastings Harrier Clubrooms in Sylvan Road, Hastings. Doors open at 7:30pm; visitors are most welcome.

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The Front Page

Hands up those who had a smoothie for breakfast? Full of gojo berries and seaweed and kale and quinoa and beetroot and possibly almonds and organic carrots. At lunchtime perhaps you had a bunch of leaves with tomatoes, herbs, brazil nuts and pomegranate seeds scattered about – no carbohydrates but maybe a bit of haloumi. Dinner? Possibly a base of lentils with egg whites and celery; definitely nothing sugary.

Scrolling through the many earnest exhortations online, on screens and in print it would seem that there is a universe of colourful and healthy food products that people should be ingesting in order to help them live longer and be healthier. With a tsunami of ghastly conditions such as diabetes and heart problems sweeping the world plus increasingly sophisticated understanding of the intricate workings of the human body there is ample reason to take heed of nutritional advice in order to improve your chances of a lightly medicated old age. So, the cooked breakfasts of our collective childhood are frowned on but obviously diet is not a universal panacea on its own for well-being. The other part of the equation is exercise.

It seems that trampers are already practising what is recommended. Not only is the exercise we do helpful, the environment we do it in is also hugely beneficial. Who knew that we were so far ahead of the rest of the world? Well, the Japanese, for a start. For many years, probably centuries, they have practised shinrin-yoku, what we in the west now call forest bathing. Research is agreeing that exposure to the natural environment is vital for humans and enhances their well-being immeasurably. A walk in a forest is better than medication for maintaining and improving physical and mental health. The idea is gaining in popularity and even DoC has joined in: it now has a therapeutic initiative called Healthy Nature Healthy People to foster outdoor activities for everyone including those with disabilities. Trampers will surely agree with that sentiment. By that reckoning we must be some of the finest specimens around – the number of fit healthy seniors in HTC attests to that. The simple [and free] experience of merely being there in the natural environment is undoubtedly the main reason that we do it. Even eminent international publications such as Science agree that “nature activates our parasympathetic nervous system.” It is a time when we can rest and digest rather than fight or flight; the stress caused by the latter in our daily lives can be reduced with beneficial outcomes.

So, it is sad to see that many people are not taking up shinrin-yoku or something similar. In modern NZ it is being reported by the education sector that high school outdoor instruction is falling out of favour and students are not taking it up because it is not useful. Mind you, it is pretty easy to work out where they got the idea that everything you learn must be useful!! Even outside schools it has been noted: a description of FMC [that's us] says that it is an “organisation overflowing with knowledge and goodwill.....facing an ageing membership and lacking connections with young people”. Well, HTC has realised that in its drive to cater for the future. Even if we cannot persuade people to participate right now perhaps we can acknowledge our place as role models for living well and one day others will notice and follow our example.

CH

2450 Trials Spur Track Clearing**26 May 2019**

The memorial cairn on Kaweka J has been steadily falling into disrepair over the past many years so Graeme and I popped up early in May to assess what is needed to bring this iconic feature of the club's history back to some semblance of respectability. The answer is – quite a lot of work and many fewer rocks. Visitors have been steadily doing what visitors do, which is to add a rock to any cairn they visit until the once tidy monument on Kaweka J is now just a shapeless heap of rocks.



The original cairn was built just after the war but soon lost its shape, prompting a rebuild in 1962. You can see what it looked like when we had completed that task compared with how we find it today. In 1962 we carried six waratah fence standards and a roll of Cyclone netting in from the road-end at Whittle's house as there was no road up on to the Black Birch at that time. Four of the standards were positioned in a square and surrounded by netting to form a core that was then filled with rocks. The other two standards were used to mount the plaque, horizontal steel rods being used to fix the plaque to the standards. The standards are still in fair condition but the core needs to be emptied and the netting pulled back into shape before being refilled and a new rock face positioned behind the plaque.



To do the job properly a truckload of rocks needs to be removed but that may be one job too many. We must however remove most of the loose rocks in front of the plaque and generally tidy up the

surrounds.

But that will have to wait until the springtime and longer days. In the meantime we decided that we would be better to spend our programmed club trip clearing the track at the foot of Trials Spur rather than freezing on Kaweka J. A wise decision, as it turned out - as even below the junction of Trials and Makahu Spurs the wind was absolutely ferocious, out of a clear blue sky!

The track beyond Makahu Saddle Hut had become overgrown with tutu, in particular, so we first cut that back, then moved further up Trials Spur and cleared another stretch that had become similarly overgrown. Having done that we had a look at the section of the track that has slipped away in order to assess whether the better option would be to dig the track further into the slope or to bypass that section entirely. The second option seems the more likely. Something for another day.

Pohokura

To round out a busy day we went up the track on Makahu Spur to see whether the route out on to that exposed scree face is as dangerous as it looks from Trials Spur. The consensus was that, while the track is getting pretty dodgy, and scary to anyone not familiar with that sort of terrain, it is not yet dangerous enough to justify closing the track.

A good day out, pleasant company and something worthwhile achieved.

AB



Party: Janice Love, Warren and Fiona Greer, Anne Doig, Graeme Hare, Brent Hickey, Glenda Hooper, Alan Berry

2451	Spooners Hill – Bellbird Bush	Wed 29 May 2019
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On a clear blue-skies day with a brisk breeze 11 of us arrived at the top end of Bellbird Bush. After a quick snack and a pep talk concerning the track displayed on the DoC notice board, 10 of us started off on the loop track. Pam arranged to stay back at the truck to walk and listen to the native wildlife at her leisure.

After The Loop we proceeded to walk down the track through a display of autumn colours and a morning chorus from the many native birds. Lunchtime found us at the top of Spooners Hill where we met up with a family of four heading in the opposite direction. The track was somewhat overgrown with the lush growth of autumn so we just took our time walking from post to post, mindful of the tomos (deep holes) in this area. From Spooners Hill we had magnificent views of the surrounding landscape as far as the eye could see. After negotiating Spooners Hill we had lunch in the bush out of the wind in a spot with plenty of sun.

Most of the afternoon was spent walking the lower part of the bush which was quite dense at times although towards the road end the route was well defined. It was interesting to see the number of traps set on either side of this track indicated by blue triangular markers. Obviously a lot of rodent eradication is being done in this area. Pig foraging was also noted. Towards the road end of the track two of the party decided to walk up the road back to the

truck. The rest of us returned along the track to where the upper and lower sections meet. We then proceeded along the lower track below Spooners Hill. Returning this way, we had a very pleasant surprise: a falcon flew across the track and perched on a branch close to us. The dark brown plumage allowed it to blend in with the surrounding bush quite easily. Walking under a canopy of red and black beech, and other native trees it was pleasing to note the regeneration of the bush. On arriving back at the truck Pam told us of her interesting day in the bush. She had identified nine different birds by their calls and gained a small collection of feathers including kiwi as well as identifying a bush wren nest site - the smallest NZ native bird which is rare and most interesting.

While having a snack before returning home we had another surprise. A falcon was seen flying at great heights in front of us as it hunted over farmland, putting on a great arial display. After a chat with DoC officers who stopped in their vehicle when we were about to leave we returned home with a brief stopping at Lake Opouahi to show our Haast members the kiwi facilities. A good day was had by all and thanks go to Pete Hewitt for driving the truck.

RF

Party: Peter Hewitt, Roy Frost, Rodger Burn, Philip Mardon, Lynn Walch, Graeme Hare, Garry Smith, Christine Hardie, Pam Turner, Warren and Fiona Greer

2452	Queen Birthday at Howletts Hut - Ruahines	1 – 3 June 2019
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The weather had cracked up in the middle of the week prior with impending rain and snow...with strong winds. I had kept a keen eye on the HBRC river level website facility and by the Friday the nearest gauge, at the Khyber Pass, indicated a return to near normal water levels. The final test was to observe the actual level when crossing the Tukituki River bridge on Highway 50 on the day. The crew of seven departed from Te Aute Road at 6am in private vehicles, then meeting up with Murray Alderson at the Makaretu Road corner. At Kashmir Farm Muray relocated his ute at the end of the road, in case we went out via Longview, Colin brought him back to us to start. Away over the farm and in via the old original Daphne track, merging with the new track and down to the Tukituki River. Most changed footwear for the 25 minutes up to Daphne hut to have the luxury of dry feet up the grunt to Howletts, especially as snow was certainly expected so dry warm feet may be desirable for the weekend! All at Howletts by mid afternoon, we arrived to a fire going in the hut, by the father and his three sons as well as his youngest brother, from the Manawatu. It had rained, sleeted and snowed on the way in which added a different atmosphere to the trip! It was a cool day. Going over the top to the short ridge to the hut had extreme gale winds, I suspect around 140km/hr. It was just possible for two people clinging together to be able to stand up and stagger along. The weather was much as expected but as the crew were up to the conditions it was a trip without any drama...in fact was really enjoyed by all. It snowed considerably in the night, with a good dump sticking to the roof and fat icicles the full depth of the dormer window! Day two, Sunday was a hut day and a neat and enjoyable day...after a late breakfast there were two smokos before lunch and a couple in the afternoon too! Collecting firewood was not on as you could not see it through 600mm of snow... there was a reasonable amount of wood in the shed thank goodness and a little coal was used too. The day was clagged in with wind, rain and snow. A definite hut day to savour. No edit data.

The Manawatu family decided to try to get to Longview, even though in foul conditions really, snow 600mm deep and covering everything. They even shot a stag on the tops in those conditions which is hard to understand. The father texted me from Longview with the news of their arrival and luck. During the afternoon three Victoria Uni. students arrived from Longview and settled in ... just as well the Manawatu people had gone. Various delights were knocked up for dinner, and in the tradition of the last club trip here, Graeme Hare style, I read bedtime stories; a couple of hilarious chapters from Spike Milligan of WW2 in North Africa. The Vic Uni three left at 0645 to get to Tiraha to do the Sawtooth Ridge and out via Black Ridge. It would have been very windy and about zero and a long day, they probably made it without retreating.

Day three Monday... away about 8am and possibly in favour of the Longview route out, but the wind and clag encountered along the ridge to the 'down to Daphne sign' decided that we go out the way we came in. The snow cover down in the bush continued for quite some time, thence down to the river where all opted to get wet feet to save messing around. A lunchette just as we entered the farm hilltop was enjoyed in now sun and shelter, magnificent views now of the snow covered Sawtooth Ridge, then out to the vehicles by 1.30pm. After making ourselves look respectable, out to get Murray's ute from the road end.. and off to the obligatory coffee and goodies at the Onga Onga Store, now owned and run by a Cambodian family who were most pleasant. We were honoured to have in our midst for this trip our 'overseas' members all the way from Haast, Warren and Fiona Greer. Thanks to all for a memorable trip, the expected and actual weather was just what was needed for another epic challenge and enjoyment in the winter environment. JM

Party: John Montgomerie [organiser], Janice Love, Warren and Fiona Greer, Dale Barnard, Colin Jones, Anne Cantrick, Murray Alderson

2453	Lotkow Road to Little's Clearing	Sun 9 June 2019
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A winter's day....yeah, right.

Unable to gain permission from the landowners to access Te Kooti's Lookout, Peter drove the party of nine to our alternative location of Lotkow Road in Kaweka Forest Park. Conversation in the back of the truck revolved around how the weather had changed drastically the previous afternoon. The temperature went into freefall and a frigid wind blew through Hawkes Bay. So what hand would the weather gods deal us today? As it turned out, despite the frost, frozen puddles and snow-capped ranges, it was windless and warm with bright blue skies all day. After the short climb to Don Juan Trig, many were pulling off layers. Perhaps we were wondering if we were carrying too much warm gear. Oh well, at least we were prepared for anything. At the trig station Peter mentioned that during a tramp 12 years ago, the area was a clear patch with fantastic views. Now the view was blocked by *Pinus contorta*, lodgepole pine. Any of us who had been in the area previously commented throughout the trip about this "widespread and ecologically damaging invasive tree in the southern hemisphere". Anne and others were pulling the seedlings out whenever we took a break. The threat of wilding pine' to native bush was made graphically clear. Only manuka seemed to be withstanding the onslaught.

We cut out the leg from Lotkow Road in around 90 minutes so it was possible to fit in another section. A splinter group of Jude, Alan, Allan, Murray and Daniel decided to take the Black Birch Ridge to Black Birch Bivvy route. From there they would head to Little's

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Clearing and meet the others coming in from the road. Peter had to drive the truck down to the clearing and was happy to be the only male in that group. Mid-way through the climb up Black Birch, I knew why those who had done this route before had opted for the other route. More layers came off but we were rewarded with great views along the way. The track was still in good condition and we arrived at Black Birch Bivvy aka Jude's Holiday Home. She promised to have the deck built when we came next time and to prepare a meal on her state-of-the-art outdoor kitchen. After lunch, we met up with the other group about 15 minutes from the BBB. At this point, Alan decided to run back to Little's Clearing and arrived over 30 minutes before us. Peter also had a run later on in the opposite direction when he realised he had left his camera in its brown case beside the trail.

Driving back to Havelock, those in the cab were serenaded by the singing driver who was warming up for his rehearsal at 5:00 p.m. Needless to say, Peter did a brilliant job on the tune from *Show Boat* by Jerome Kern/Oscar Hammerstein II. Lots of laughs, fantastic views, stunning weather, terrific tramping and a singing driver: who could ask for more?

Party: Peter Berry, Glenda Hooper, Alan Petersen, Christine Snook, Anne Doig, Daniel Haddock, Jude Hay, Murry Alderson, Alan Denovan



2454

Napier Hill

Wed 26 June 2019

A good turnout on a fine winter's day started at the foot of Chaucer Road South and we walked up the hill to Napier Botanical Gardens. Unfortunately this group didn't meet Judy, Marion and Brent as hoped so had to continue without them. [The unlucky three made their own way over the top to Ahuriri]. Then it was along Napier Terrace with a stop at the Hukarere site to wonder why development still hasn't happened after all these years. Never mind, there's a good view over the town and out to sea.

Next was a left turn and down Selwyn and Burns Roads to Battery Road. Good for the knees! We had to make a stop at the Ahuriri Bowling Club site so that Graeme could gather fruit from the citrus trees and practise his bowling as he always likes to at this point. No sign of new buildings here either but at least the old toilet block was open and useable.

Surprisingly, we turned down the chance to descend on one of the coffee shops nearby and chugged along to Goldsmith Road before girding our loins, so to speak, for the steep climb up to the hospital site. Down Hospital Terrace, down the [allegedly closed] steps, down to Main Street and a look at the oldest British settlement in Napier. A number of the cottages here are now part of a scenic walk with information placards at various intervals. A couple of us had a quick look at Peter Lewis' old place on Little Burke Street along the way – it has been done up and looks very smart with its modern garage and garden. We half-expected to see Peter himself pedalling along on his trusty bike; they don't seem to make notable characters like him any more!

Lunch called so we had it in a lovely part of the gardens before another uphill walk to Simla and Havelock Terraces, eventually getting back to the start point and a viewing of Christine's fabulous new car!
GS

Party: Anne Cantrick, Heather Stephenson, Christine Hardie, Garry Smith [organiser], Graeme Hare, Pauline Mahoney, Lynn Walch, Rodger Burn, Joan Ruffell, Alasdair Shaw, Judy McBride, Marion Nicholson, Brent Hickey

2454	Sunrise/Top Maropea - Ruahines	Sat 29 June 2019
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Five trampers fitted snugly into one vehicle with packs standing neatly in the back of Christine's hatchback. We travelled to Triplex carpark and, after a snack, set off up the track. It was Dillon's first time in the area so we explained a little of the history. At about halfway, we stopped for lunch in a spot where some of the watery winter sun was shining through. It was a cold day. We were all at the hut at 3:30pm, (having left after midday) and had a look around before lighting the fire, using the paper and kindling taken up for that purpose.

Dillon, unable to find suitable trees between which to "sling his hammock" opted to hang it on the front verandah, much to everybody's interest. (Dillon obviously does not feel the cold!)

Unperturbed by the fact that there were snow remnants on the ground, while we luxuriated in the warmth of the hut, Dillon slept in his 17° hammock until 2:00a.m. when it began raining, necessitating erecting a tarp. We shared the hut with a group of very well-behaved Venturer Scouts from Havelock North who were enjoying their stay although wishing it would snow. After dining and chatting, an early night was in order. In the morning it became apparent that going to Top Maropea this time was not to be: visibility was zilch in all directions and the rain continued. After initial disappointment we ate a leisurely breakfast and set out in full wet weather gear back to the car, arriving at 11a.m. As there was no hankering for an ice cream, we went straight home, happy with our outing.

Party: Anne Doig, Dillon Lavona, Christine Snook, Alan Petersen, Joan Ruffell (organiser)



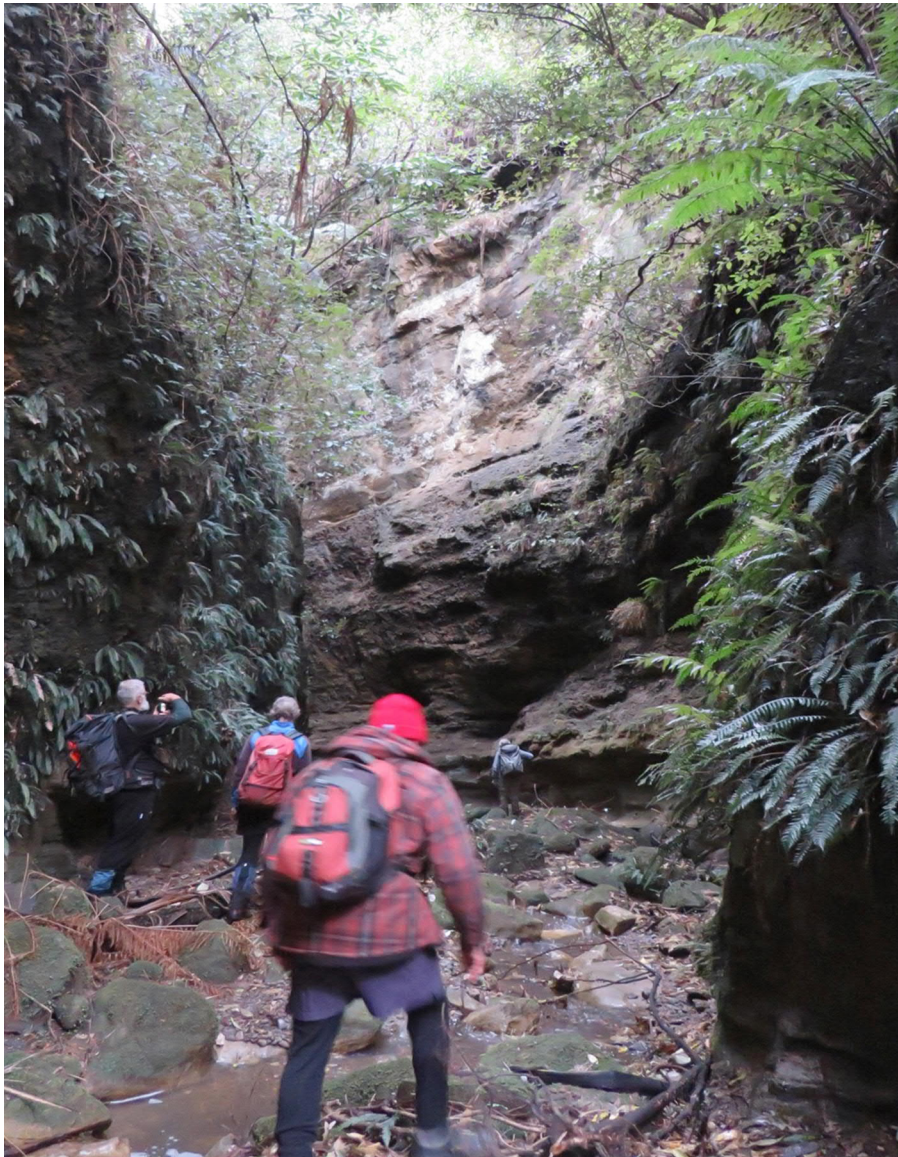
2455 Rough Block – Cape Kidnappers

Sat 6 July 2019

Rough Block Creek is part of Cape Sanctuary at Cape Kidnappers and I really appreciate being granted access to take the tramping club into this area where I have spent a lot of time as a volunteer. We parked near the golf course maintenance area and walked down a metal road for a few hundred metres before a final steep four-wheel drive track down to the creek. The initial part of the creek is lightly grazed but still has some interesting bush especially on the steeper banks.

Once we passed through the gate into the protected area you could really see the difference and the regeneration in this area is spectacular. The surrounding area is largely kanuka forest but in the creek itself there is a much more diverse flora with quite a few larger natives that survived the early fires including a magnificent maire. Many of the trampers commented on the moss which festoons the older trees and is a feature of the area. We continued up the mostly dry creek bed which eventually closes in to a quite tight and dark gorge where we even discovered some glowworms. We returned out the same way and I was lucky enough to hear a tieke [saddleback] as well as seeing several kakakariki.

Party: John Berry, Peter Berry, Glenda Hooper, Colin Jones, Anne Doig, Marion Nicholson, Fred Chesterman, Joan Ruffell, John Montgomerie, Susan Taylor, Barbara Phillips, Alan Petersen



2456

Ferny Ridge – Kaweka Range

Wed 10 July 2019

Ferny Ridge is a series of foothills parallel to the main Kaweka Range and easily accessed from the road to Makahu Hut. It overlooks Balls Clearing and Puketitiri [hot springs] Road giving great views of North Kaweka and Kaweka J trig. Our small group struck a brilliantly fine day and had an enjoyable time in this area. After parking in the saddle about 500m beyond the DoC boundary, we headed north through kanuka, fern and beech on old hunting tracks down to a pretty stream and then steeply up the other side to manuka and open clay pans. The variation of vegetation in a very small segment of the park was noticeable as we wandered along. I was hoping that the snow dumped on the tops a week before would still be there for us to see and it was.

Below the tops, Des parked in a sheltered spot to boil his little billy – Graeme and Christine joined him and then all three carried on, looking for suitable uphill routes through the scrub. Once at the top, Graeme made a series of mobile phone calls to get details from Pam back in

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town about her farm which we were overlooking. The pair of them had a great chat about boundaries and land use! We could also see our parked truck on the road and were mystified by a bright light that flashed at intervals from near the back door. We assumed that it was the other two trampers who had gone back a different way earlier and were signalling us. However, we later discovered that they were still en route at that time and arrived back at the truck at the same time as us so the mystery remained. [Pam suggested later that it was people who were up to no good – it is known that there are poachers and dope growers in the district at times!]

We were all back at the truck by mid-afternoon just in time for afternoon tea before the gruelling trip home!! Thanks, Peter, for driving.

GRH

Party: Des Smith, Marion Nicholson, Peter Hewitt, Christine Hardie,
Graeme Hare [organiser]



Kaweka range viewed from Ferny Ridge

2457

Morere - Mahia

20 - 21 July 2019

For our mid-winter warm-up this year we headed north up SH2 past Wairoa to, firstly, Morere Scenic Reserve. We arrived there just on morning tea but unfortunately there had been a power cut in the area so no cups of tea were for sale. Instead we readied ourselves and waited for the reserve gates to be opened at 10 o'clock. We walked both the major loops in the reserve: Morere Ridge Track and Mangakawa Track which, along with lunch, took around four hours. It was then time to soak in the hot pools and, for a change, we chose the pool close to the main gates as the upper pool was crowded. After a long soak we hopped back into the truck and drove around to Mahia Beach Motels and Holiday Park where we had booked two cabins. After a few cups of tea we walked down the road to the hotel and had an excellent meal at a very reasonable rate (Gold Card prices). It was then back to the motel where we played Five Crowns until bed time.

On Sunday morning we climbed to Mokotahi Lookout (at the top of the hill beside the Mahia Beach settlement) and took in the view. After this we decided to head over to the eastern (Gisborne) side of the peninsula as most of us had not explored that area. We stopped first at Oraka where we did a walk along the beach while taking in the bird life, then drove further along to the end of the coastal road. Here, we investigated the sculptured rocks of Coronation Reserve with its wave platforms and beaches and lunched in the sun. At around two o'clock we got back into the truck for the return home. Many thanks to Lex for driving us all on what was a most enjoyable and relaxing weekend.

Party: Murry Alderson, Jeanette Louisson, Anne Doig, Brent Hickey,
Lex Smith, Susan Lopdell, Glenda Hooper

2458

Kaweka Hut Site

Sun 4 August 2019

With Peter driving the club truck we departed from Te Aute Road with a spectacular sunrise as a backdrop. Several of us tried to photograph the brilliant colours lighting up the dawn sky but I suspect few did justice to the spectacle. After picking up our remaining three passengers outside the HTC clubrooms in Sylvan Road we proceeded on our way up Taihape Road heading towards Kuripapango. The yr.no mountain weather forecast was a little optimistic in predicting a mere 0.6mm of rainfall up to midday as it was fair pelting down when the truck pulled up at the Lakes Carpark. Initially, there wasn't a lot of enthusiasm to leave the nice dry interior of the truck but eventually the heavy rain abated slightly so we disembarked and found some high ground amongst all the wet puddles to change into our tramping gear. With our boots fitted and an impressive array of wet weather gear on display, we headed off down the track towards the Tutaekuri River crossing then up the other side past Rogue Ridge turn-off to arrive at Kaweka Hut site at around 11 a.m. Steady rain was still falling!

After a brief stop to check out the commemorative plaque, we decided to try and find a more sheltered spot for our lunch on the way back out. On the steep sections of the track over clay pans, several people had quite spectacular falls. Fortunately, more by good luck than graceful landing techniques, nothing was reported broken but I suspect there were some pretty impressive bruises the next day. As the rain eased considerably towards midday, we found a suitable spot in a creek bed to swing the billy and have our much-anticipated lunch break.

On the way out we met and chatted to a group of three hunters at the Rogue Ridge turn off. They were intending to go up the ridge and along the snow-covered tops before dropping into MacIntosh Hut to spend the night. I thought it was rather ambitious of them in those windy cold conditions but they looked young and fit and appeared to have all the right gear. By the time we arrived back at the truck at about 1pm the sun had come out and, weather-wise, things were looking a lot brighter.



As we had plenty of time in hand, five of us dropped our packs at the truck and, with only our cameras to carry, it took about 35 minutes to stroll along the mostly level track to the edge of Twin Lakes. We had some lovely views of both of the lakes as we strolled along the track as well as from a lookout at the end of a short side-track cut into the bush. After getting back to the truck at 2:30pm we had a hot drink and something to eat for afternoon tea before heading home. Many thanks to Peter for driving the truck for us and to everyone who come along to join us for a damp but enjoyable wander through the hills. DS

Party: Peter Berry (driver), Glenda Hooper, Anne Doig, Maureen Gilchrist, Trish Harding, Megan Bristow, Allen Denoven, Des Smith [organiser]

2459	Havelock North Walks	Wed 7 August 2019
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In calm, mild weather conditions 14 members met at Birdwoods Cafe carpark for a pleasant amble around Endsleigh Loop Road and extensions. En route we noted new housing developments and enjoyed the excellent views. After a convivial morning tea/lunch at Birdwoods, several members departed and the remaining group drove the short distance to the entrance of Tainui Reserve at Keith Sands Grove. A wander around the loop track provided interest in the variety of trees growing in the reserve. Further variety was added when our group came across local fire brigade members involved in a training exercise and later one of the newly constructed cycle tracks was spotted. We returned to our vehicles mid-afternoon. Our winter wanders proved easy walking on a pleasant day. BR

Party: Christine Hardie, Pauline Mahoney, Alasdair Shaw, Joan Ruffell, Graeme Hare, Garry Smith, Brent Hickey, Marion Nicholson, Judy McBride, Raewyn Ricketts, Roy Frost, Des Smith, Heather Stephenson and Barbara Phillips [organiser]

With a weather eye on the yr.no forecast for Te Iringa Hut site the trip looked to be cold (at 6:00 a.m. 1°C feels like -7°C) with snow. The other complication: will the road be open? Therefore add Road Watch on which to keep an eye. The road was open so a party of 10 headed for the Te Iringa Campsite. The truck journey was uneventful until we were on the gravel of Clement Mill Road where we met a light-coloured car in a tearing hurry. We met a further four vehicles; just where were they coming from at 9:00a.m.?

Te Iringa Track has been modified for mountain bikes. The first evidence of this was a narrow metal barrier, wide enough for a push bike, across the track. The track is well benched with at least one new track detour and two orange markers taking us on a longer but gentler climbing track. The old track remains and on our return we (inadvertently) took it. The beech forest through which we tramped is beautiful but there is little regeneration. One tree beside the track had strong evidence of antler damage. As we journeyed higher the vegetation was frozen with a dusting of snow. As the track gets closer to the hut site there is a view of Ruapehu, Tongariro and Ngauruhoe. On the trip up it was under cloud but on the return trip the mountains stood out - all bit it at a distance. The group had split into three parties: the fast ones with Alan, Laura and Jude were going as far as possible until 12:15. When Peter, Glenda, Lex and I got to the hut site Susan, Murray and Trish were enjoying lunch. We tucked ourselves out of the wind and joined them. After lunch we decided to find the trig. As we climbed higher the wind became lazier and attempted to cut through us. The search was abandoned when the wind chill was just too cold to bear so it was back to the campsite to pick up our packs and return to the track. Just as we were leaving the hut site, Laura, Jude and Alan joined us. They had turned around when they had realized that they would not get down to the Tiki Tiki Stream.

This was an excellent choice for a winter tramp: the beech forest kept us sheltered and offered a scenic journey. We were all back at the truck by 2:00 and returned via Taradale to Havelock North by 5:00pm Thanks to the group members who were great company and to Lex for driving the truck. AD

Party: Lex Smith (driver), Glenda Hooper, Peter Berry, Murry Alderson, Alan Denovan, Laura Rutten, Trish Harding, Susan Lopdell, Anne Doig [organiser]



Track from Clements access road to Te Iringa - Kaimanawa Forest Park

2461	Rangiwahia Hut – Western Ruahines	31 Aug – 1 Sept 2019
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B Group: After a diversion to Petersons Road to set the A Party on its way, it was about 11:30am when the five members of the B Party set off from Renfrew Road carpark for Rangiwahia Hut. Once over the stile the signpost states it is two hours to the hut. The forest at this stage is lush beech and as altitude is gained the forest changes. At the hut it is alpine with tussock. The path is well benched with numerous steps of various heights and treads. (There was a major upgrade of the track in 2013). Over Mangahuia Stream and a deep ravine is a picturesque arched wooden bridge. Before the bridge the track detours via a zig zag around a major active slip. In the 1930's the track was established for servicing the Rangiwahia Ski Club. There was a rope tow above the current hut. A nod to this former use is the variety of skis attached to the hut on which one hangs gear.

At the hut we settled in, had lunch, explored the environs and brought in firewood. The wood shed was well stocked with firewood but that closest to the door was rather damp. Jeanette climbed up the pile and threw down some of the drier wood. Derek made good use of the axe and split some wood into smaller blocks. With it getting cooler, we had lit the fire and were inside reading, drinking tea or coffee and relaxing when, at about 5:30, Derek assured us all that we needed to come outside. He was right, for from the hut there was a fabulous view of Mt Ruapehu floating in the clouds. As we kept watching the cloud broke up and not only was Ruapehu visible but so was Ngauruhoe. With the sun setting in the west Taranaki was visible. What a wonderful location for a hut.

At this time of the year it is not necessary to book a bunk but with only 13 available it was a concern that there would be bunks for us all. (The bunks are single in three areas: six in one area, five bunks in another with the window as a fire exit and the third area has two benches in the common room area). Rangiwahia, like Sunrise Hut, is often tramped as a day trip so the cars in the carpark are no indication of how many are staying overnight. When our group arrived there was a party of seven in the six-bunk area, we had the other, the party of two slept on benches and a young French girl slept on a mat on the floor. There was a plan for the A Party to come over from Alice Nash Hut area so we were waiting to hear from them or for them to join us at Rangiwahia. However there was a flaw in the plan - several of the phones Monty had numbers for had no reception. We were unsure as to how far on the journey the A Party was but we were reassured by the fact that they were well-equipped. With night setting in we prepared our dinners and sat at the table to dine. Lex had brought a wonderful gas lamp which allowed the dining area of the hut to be well lit.

The group of seven was from Wellington and they had come well prepared with snacks and even a newspaper which was shared with us. After dinner both groups sat around the table sharing Lindt (theirs) and Whittakers (ours) chocolate. [Apparently if you eat peppermint chocolate there is no need to clean your teeth]. We also joined in the completion of a crossword puzzle. As we retired to bed we had no idea of the location of the A Party but trusted they were safe. Our plan for Sunday was to have a leisurely breakfast and then explore Deadmans Track behind the hut. We would, hopefully, meet up with the A Party. Sunday dawned fine: Ruapehu, Ngarahoe and Tongariro were resplendent in their beauty. The views are expansive from the Kaimanawa Range across to Mount Taranaki and all the farmland in between. Our plan unfolded as prescribed. The other hut inhabitants set off on their journeys, a hunter and his partner back to the carpark via Deadmans Track, the Wellington group to do the return trip to the carpark and the young French lady to the carpark via Deadmans Track. After a leisurely breakfast Trish, Jeanette, Lex and I were off to explore the tussock track behind the hut. Derek had already been up in the tussock and was disconcerted that the trio had not appeared. We saw a couple appear over a distant hilltop but, after dismissing a few conspiracy theories, we established it was the hunter and partner. Trish's and Jeanette's phones were the only two that had reception. On Saturday Jeanette had left a message on Monty's phone so now it was Trish's turn to send a text. Bingo! We made contact. Monty returned the call at just after 11:00 a.m. The A Party was at Peterson Road Carpark. Where were we? Ah, about four hours away enjoying the vista of the surrounding ranges. We would return to the hut, have lunch, descend to the carpark and then drive to collect them. Was it worth the five hour drive for a two hour tramp to the hut? (Okay in my case 2.5 hours) Oh yes! Special thanks to Lex for the 10 hours of driving over two days. AD

B Party: Lex Smith (driver), Derek Boshier, Jeanette Louisson, Trish Harding, Anne Doig

A Group: a rental van was intended to be used on this trip to introduce members to the option with a view to future use and even ownership. All vans were pre-booked for secondary school sporting events which happen at this time of the year. So, on with the trusty Isuzu. Eleven were originally booked in but with three had to withdraw. Five set off from Glenda's with Trish to be collected from Hatuma Café in Waipukurau, Murray from Norsewood and, finally, Jeanette from just south of Dannevirke. We arrived at Petersons Roadend just after

10:00am for the three of us, Murry, Laura and John to start off in the Oroua River. The remaining five were to go around to Renfrew Road end to get to Rangiwahia Hut. The three of us set off intending to use an old track up on to the southern end of the Whanahuia Range, this had probably not been maintained since the Forest Service days, late 1980's. It started just below the Tunupo Stream confluence. Janet Wilson from the Ruahine Whio Protectors told me it would be not easy, so what? But we met Ian Paterson at our critical turnoff point, who is a RUG group meeting attendee and hunter, who was mentoring a group of five high school students on their DOE excursion to Iron Gates hut. He screwed up his face when I mentioned our intended route, commenting that it would be a real battle with a probably a non existent track and heaps of windfall. We had tents but on considering what he had said, coupled with the time, now about 1pm, that we would be pushing it to get through. So a group decision was made, we left our packs there and continued up the Oroua to Iron Gate hut (and heard a blue duck call there) then returning to our packs and out to Alice Nash Heritage Lodge for the night, just making it without torches at 6:20pm. I had said at the HTC meeting before the trip that the fall back position would be retreating to the Heritage Lodge. To save having to walk in the dark from the lodge out the couple of km to the carpark to phone the Rangiwahia group, I kept my phone on and at the last spur before the lodge had a signal bar on the phone, so left a text message on Lex's phone and a voice message on his, Anne Doig's as well as Derek's. We knew who had phones with them so Laura and I considered this should be sufficient to let them know that we wanted to be picked up later the next morning. There was no signal at the hut to reconsider but thought we had covered the situation. We slept in, breakfasted al fresco on the porch in the sun after a good frost, then trundled out, taking a side tour down to the river to the camp ground. This is a vast area on a wide river terrace. On the last hill up to the carpark my phone went at 11am with a text from Anne, where were we etc. They had not got any messages from us and were half way up to the crest of the Whanahuia Range expecting to see us coming over the top [as we might have done as planned]. I phoned then and got Trish who detailed their whereabouts and that they would be out to pick us up in about four hours. Just as well it was a perfect sunny day, cloudless sky and a picnic table for us to spend the hours at. There were cups of tea till the water bottles ran out, but Laura had a filter which had some dam water put through it which helped. We ate all manner of nibbles, biscuits, lollies.... then another round. I played some 70's music from my phone, did some map and compass direction of travel bearing exercises for Laura, spoke to day people as they came and went and the local landowner Chris happened to arrive and told us the extent of his farm. It was a perfect cloudless day and so perfect views were seen of Mt Egmont, Ruapehu and Tongariro. At the head of the Oroua valley, the high ground around Te Hekenga was glistening with snow/ice. It would have been a just superb day to have been up there. About 3:30 our chariot arrived and carted us off, on the way stopping at Ashurst for fuel, then Woodville to the fish and chip shop for the inevitable graze, preceded by the free cup of tea! After doing the deliveries of the three we had collected on the way down, our eventual time back to Glenda's was about 8pm. A satisfying time was had by all in perfect weather. No data.

Laura had not been to the western Ruahines so was well pleased. We checked all the rodent traps on the way in and removed and reset five that had fresh rats and another five that had been sprung but still had baits. Many thanks to Lex for the driving, getting us safely there and back, on at times, narrow back roads.

JM

Pohokura

Party: Murry Alderson, Derek Boshier, Anne Doig, Trish Harding, Lex Smith, Laura Rutten, Jeanette Louissou, John Montgomerie (organiser)



2462

Red Island

15 Sept 2019

It was a lovely sunny day for our tramp to Red Island and low tide was supposed to be just after noon - perfect for a trip along the beach. There were eight of us, including Phil on his first tramp with the club and Nat's two dogs. We arrived at Waimarama at 9:00am and

started the rock hop along the beach. There is a lot less sand than there has been in previous years and the going was to be quite slow. The tide appeared quite high and to get around the first projection, about 30 minutes from the start, we had to wade through knee-deep water. Nat's dogs did not appreciate being man-handled around this obstacle with Mully clinging on tightly to Peter as he carried her through the water. The last of us got to Cray Bay at about 11:30am where we had a bite to eat before continuing. We had passed two fur seal pups on the way to Cray Bay and there was a bigger one plus a dead one after Cray Bay. Concerned about the tide [it didn't look to be going out that far], the five ladies decided not to continue far past the next projection and returned to Cray Bay for lunch. Checking the tide table later I found that the low tide was 0.4m which as we suspected was higher than most low tides - they range from 0 to 0.4 metres. The guys carried on to Red Island and were going to walk around it - the island has a spit to the shore at low tide - but didn't because they found a couple of seals there so they decided to leave them in peace. After checking out the red rocks they headed back and caught up to the last of the ladies just before the final projection. Susan, Nat and the dogs, who had gone ahead, had easily got past this point by walking through the water but the rest of us, half an hour later, had more difficulty having to climb up and over the rocks with few foot-holds.

We were all back at the truck by 2:30pm and in town just after three (unfortunately the ice-cream shop at Waimarama wasn't open).

Party: Phil Winters, Alan Petersen, Christine Snook, Anne Doig, Susan Lopdell, Nat Berry, Peter Berry, Glenda Hooper with dogs, Mully and Pukahu

2463	4100, Mount Kuripapango	Wed 18 Sept 2019
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Despite a chaotic run-up to the day, a group of battlers was ready to take on one of the best-known areas of Kaweka Forest Park. It was scheduled as the first of Alan's van trials to gauge the value of using a transport method other than HTC's iconic and beloved truck. As well it was Conservation Week and this outing had been advertised as part of the festivities. Miriam from Gisborne came out with us for the day. Everyone was early for once so when Alan arrived with the hired vehicle [the little white whale?] we were able to embark and depart quickly and efficiently. The trip went smoothly and the back seat boys had a loudly hilarious time with extremely large amounts of hot air emanating from that section of the vehicle. After a week of negative weather forecasts the day turned out fine and still. At the roadend we directed a couple of contract track cutters in the direction of MacIntosh before we started up 4100, all except for Roy who elected to go to the lakes, no doubt to check out the fish as well as the birds.

Despite reports of bad knees and other joints from a number of people, everyone plodded up the hill with no observable problems and got to the top in well under two hours. Des did it in probably half the time and was well-settled at Cameron Saddle with his water boiling arrangement by the time anyone else appeared. Most of us had a lunchette at the radio mast and enjoyed the splendid views of Ruapehu and Ngauruhoe to the west while munching. Every other way you look is hemmed in by very healthy *pinus contorta* forest. There is now very little in the way of open clay pans on the upper eastern reaches of the hill compared

with the situation decades ago when some of started coming here and, at this rate, it won't be long before the top of the mast disappears behind bright green vegetation. This is at the expense of the native herb gardens that are traditionally a feature of the Kaweka tops.

Fortified by food, four keen types set off down the steep route to the Ngaruroro water gauge while the rest of retraced our steps [meeting Roy on the way] and were reunited with the van. Alan drove very cautiously round to Kuripapango where the mountaineers were lolling about having another lunchette. Naturally this meant that the new arrivals had to join in so we all sat on the lawn to eat, drink and be merry. The only distraction was the giant manuka-crushing machine operating over the road directly in front of us. The hills all around Kuripapango have been recently milled and some already replanted as the forestry cycle moves on. Everything looks bare and exposed so we had fun working out familiar points of interest that used to be covered by trees.

We were packed up and on the road again before three, and slowly chugged our way back to town. At the end of the day people were still considering their opinion of van versus truck use: the vehicle we had operated quietly and efficiently, no-one reported motion sickness and we could see the countryside through the large windows. However, some considered it a minus that no windows can be opened in the body of the van and the seats are not adjustable. The luggage compartment was adequate for a modest party on a day trip but we wondered how it would cater for larger groups or wet conditions. No doubt other trials will have more information to add and Alan will surely be seeking input from everyone to add to the data that he already has.

CH

Party: Alan Berry [transport co-ordinator/driver], Joan Ruffell, Janice Love, Des Smith
Christine Hardie, Miriam Charmley, Garry Smith, Graeme Hare, Roy Frost

HTC BIKE TRIPS



Pakowhai Park to Hastings Golf Club

Wed 3 July 2019

Four Taradale cyclists biked to Pakowhai Park, joining nine others before setting off along the stop bank towards Fernhill. We had a morning tea break at the shingle pit beside the river before proceeding past Roy's Hill to the Bridge Pa Golf Club where we had lunch and socialised. After a suitable break, we saddled up and rode back to Pakowhai Park via Stock Road, Ormond Road and the stop bank. The weather held out for us and we had a most enjoyable time: 36kms total for most, 60kms for the Taradale people. Thanks for coming.

Cyclists: Lyn Gentry, Lynn Walch, Christine Hardie, Pam Pike, Sharon Wellwood,
Ray Manning, Des Smith, Roy Frost, Jim Hewes, Graeme Hare, Peter Hewitt,
Alasdair Shaw, Joan Ruffell (organiser)

Napier Sea Walls Murals

Wed 14 Aug 2019

We had previously visited the murals in Napier shortly after they were painted in 2016 and again in 2017, and were asked to include them again in the cycling schedule. Eight happy cyclists met at the aquarium car park to see as many as possible. A comprehensive brochure has been prepared that includes a numbered map linking a comment by each artist explaining his/her art with a picture of a small segment of the work. These booklets, which can be obtained from the Napier Information Centre, are very good as the easiest route to follow is sequentially numbered. More than 350 murals have been painted in 15 countries. Here in Napier our 50 artworks are in the CBD and Ahuriri. We cycled around following the maps to see as many as possible. The artists who often use both brush and spray can are very talented people. I had to leave our group at midday so did not see them all and left the rest to continue on. They visited the main block of Ahuriri murals before rain convinced them it was time to retreat home.

GRH

Cyclists: Rodger Burn, Alasdair Shaw, Christine Hardie, Garry Smith,
Heather Stephenson, Peter Hewitt, Ian Stewart, Graeme Hare (organiser)

Taradale Area

Wed 28 Aug 2019

This was supposed to be a fill-in ride but a combination of easy day and excellent weather had 10 cyclists meet up by the cycle track on Guppy Road. After the usual messing about we were on our way and regrouped at the bridge on Vicarage Road where Ian came up with an inspired choice. We agreed and followed along Dartmoor Road, turned right on to Omarunui Road and through to Moteo. We continued further to the end another seven kilometres over a rolling country road with one small hill where Graeme decided it was time for a lunchette. Here, we all enjoyed the chance to take photos of lambs in daffodil-populated surroundings but the bucolic silence was rudely shattered when a large group of 20 all-male eBike riders wearing Recycled Rebels high-viz vests descended on us (one of them being Graeme's next-door neighbour). We spent some time chatting with them about various models of bikes before they turned back to Puketapu Pub for lunch. Naturally most of us also eventually joined them after an exploration of Moteo and its beautifully refurbished marae. After this second dose of refreshments we made our way to Taradale on the cycle paths - Des had already gone and chose his route home through Bay View via Puketitiri Road. A modest 34 kilometres for most of us and a place to revisit. RB

Cyclists: Joan Ruffell, Heather Stephenson, Christine Hardie, Pete Hewitt, Ian Stewart,
Des Smith, Garry Smith, Graeme Hare, Jim Hewes, Rodger Burn (organiser)

Crownthorpe

Wed 11 Sept 2019

This turned out to be a perfect day for a cycle ride: warm with a clear sky and no wind. Just a pity we had only six to take advantage of it. We started out from Pukehamoamo School and continued at an easy pace down Matapiro Road to the Ohiti Junction and a regroup. Then it was on past the historic Matapiro homestead with its emu in the front sheep paddock, westwards to picturesque Crownthorpe Church where we enjoyed a quite lengthy lunch stop

and debated the issues of the day. Des now felt the need for a longer circuit and continued down to Whanawhana Road before returning via Sherenden on the main road. Rodger and Ian had the luxury of eBikes and elected to return via the scenic and hilly Crownthorpe Settlement Road and then cycle back to meet the much slower members of the remaining group on Matapiro road. By this time showers were threatening and a cool breeze had sprung up so we didn't linger. RB

Cyclists: Christine Hardie, Ian Stewart, Des Smith, Garry Smith, Jim Hewes,
Rodger Burn (organiser)

CLUB NEWS:

Committee News

Welcome to new members, Alan Denovan and Laura Rutten. Their first tramp out with us was to Hinerua Hut and they have been on quite a few since then. Unfortunately they are both leaving the Bay: Laura to work with DoC in the biodiversity field, loosely based in Palmerston North, and Alan to spend 10 months at Antarctica starting in January 2020. Laura will have moved by the time this Pohokura is out and Alan heads south in November - good luck to you both and thanks for your enthusiasm with the club strategy and tramps. Trish Harding's membership will become official at our next committee meeting. Trish first came out on the cold and wet Kaweka Hut site trip and has since been on the Te Iringa and Rangiwahia tramps – welcome, Trish.

Getting There and Back

Transport was one of the issues that Janet Titchener identified for discussion in the current review of the club's activities and future direction. Among the several issues relating to transport the most important one is whether the present truck mode of travel is turning away people who might otherwise be interested in coming out with the club. Judging by comments and general feedback I do think that some potential members in our older-age group target market are turned off by the thought of riding out to the ranges on the back of an old truck with no seats, no seatbelts, and no view. The old hands do not worry too much about these things but we need to be concerned about how riding on the back of the truck is viewed by the people whom we are trying to capture as new members.

We are, therefore, trialling the use of 12-seater vans over three trips: one a weekend trip, one a Sunday trip and one a Wednesday trip. This should allow us to get the views of the total range of trampers. The first was to Lakes Carpark for the Kuripapango Hill trip, to be followed by Kiwi Saddle Hut trip on 28/29 September and Makairo Track on 13th October. If members do decide that they prefer van transport to the truck, the next decision will be whether to rent or buy a van. But that is a discussion for another day. Alan B

Des's Tip

How to make perfect butter for your morning toast:

- thwack block of butter with hunting knife,
- cut in half then 4x4 (small cubes)
- take required number and place in dish on back of sofa under heat pump, fins down,
- turn to 22 degrees, set microwave timer for 10 mins.
- ready to spread! Do try this at home.

Thanks, Des

Club Strategy

We have now held two workshops on the strategy and Janet has summarised the outcomes from these workshops. She has made the following comments: there are some really good ideas/recommendations that have been made. However, sitting at the crux of every single one of the five issues is membership. None of the issues can be satisfactorily resolved until membership grows. With membership will come expertise and enthusiasm that will automatically mean new trip leaders, committee members, IT expertise and so on. Thus, membership should become the number one focus. Once/if membership is growing then the solutions to the other issues will come much more easily. Tackling the membership issue is so important that my recommendation is that the committee seriously think about putting together a separate subcommittee or work group totally dedicated to the issue of membership/establishing e-presence.

Below is Janet's summary of the workshop outcomes for the barriers and solutions for membership and attendance. Please let us know if you are prepared to help the club in the membership/attendance area

[With the following I have had difficulty enlarging the text to match the usual size. Editor]

Barriers

Solutions

Membership

Young Adults are leaving Hawkes Bay/local area
Young people find current members too "old"/"slow"
Pace not fast enough for the younger population
Current members don't understand e-communication
Lack of a current member who has skills with social media
Lack of ability to e-sign up for trips
Young/those working or with young children - early start too difficult
Difficult to commit to a whole day
Competing activities/exercise options/social interaction
No biking/few biking opportunities on weekend
Cycling not on website
Truck transport considered uncomfortable

- Have a follow-up phone call/e-mail to new members after they attend a meeting or trip
- Need a much greater presence on social media
- Reintroduce "fun" tramps - overnight trips with short travel to encourage families with children, tramping with a social event e.g. dressing up party
- Run family trips alongside other trips – i.e. have multiple trips starting from same start point. Need to find a member with young family to work alongside
- Need public notices – library, backpackers (this will not necessarily bring long-term membership but will mean young fit people are showing up for trips which will increase ability to lead A and B level trips plus provide young faces for local young people)
- A presence at the Sunday Market? A float at the Blossom Parade ?

Attendance - On Tramps

- Lack of information – in Pohokura/on internet
- There needs to be an e-presence – with

Pohokura

- Cost?
- Transport → truck uncomfortable to some
- Some people unwilling to use private cars
- Early start time – especially in the winter
- Lack of gear

Attendance - At Meetings

- Meetings – Too long and boring; talks are long-winded
 - The Chair of the meeting needs to be able to cut things short/control personal gripes etc
 - Talks at the meetings are intimidating
 - No other young members = barriers to young
 - Child care
 - Working full time – hard to get to a meeting
 - Time of the meeting can also be a barrier to the older members
 - Meetings are too frequent
- interaction between website and facebook so that trips coming up appear on facebook (i.e. come up on peoples' phones)
- HTC website should be interactive with ability to do on-line booking for trips
 - Re-introduce different levels of difficulty with the trips. Anyone new is always nervous about whether they are going to be fit enough/hold a group back. If there are different levels of trips offered each day, this will encourage those less fit to join in.
 - Leader should do a pre-trip, welcome talk with introductions around the group before each trip. This would help to give new attendees an idea of what the expectations are with regard to being a leader.
 - Fortnightly newsletters sent out via e-mails about upcoming trips for those who do not attend meetings
- Hold some meetings in a pub – with perhaps a different start time of 5:30pm
 - Accept the fact that meetings are not what young are about – so make the meetings suit the older population. Ensure that younger members receive same information re trips announcements via electronic communication



Items for Sale:

The club has a number of useful tramping items for sale at discounted prices.

<u>New</u> Topo 50 Maps:	\$5.00
Large blue survival bags	\$5.00
Smaller white pack liners	\$2.50
Metal HTC club badges	\$8.00
Blue HTC caps	\$17.00
Safety in the Mountains	\$5.00

These can all be ordered from **Penny Isherwood** Ph 844 9994 orp.isherwood@orcon.net.nz

Orders are collated in batches to save on courier charges so you may not get your maps straight away.

Hazardous Waste Collection

30 June 2019

The club was asked at short notice to provide eight people for the joint councils' Hazmobile Collection. It was completely different this time, being a joint one day only for both Hastings and Napier held at the Regional Sports Park on Sunday from 8am to 4pm on a booked appointment advising product and quantity of waste. Paint and Oil were not sorted just but stacked as delivered into plastic bins on pallets, a very quick, easy system. Chemicals were sorted as usual. Minimal staff numbers were needed and the councils will be looking at improving the operation and streamlining the day. It was a 10-hour day and I thank the members who volunteered to assist the Club.

GRH

Volunteers: Anne Cantrick, Anne Doig, Marion Nicholson, Fred Chesterman,
Alan Denovan, John Montgomerie, Des Smith, Graeme Hare [organiser]

Pohokura

Photo Competition:

Colin Jones and Alan Berry tied for overall photo competition this year.

Congratulations to the category winners who were:

Above bushline no human element	John Montgomerie
Above bushline with human element	Colin Jones
Below bushline no human element	Colin Jones
Below bushline with human element	John Montgomerie
Historic	Club Archives
Native flora and fauna	Alan Berry
Club Character	Alan Berry

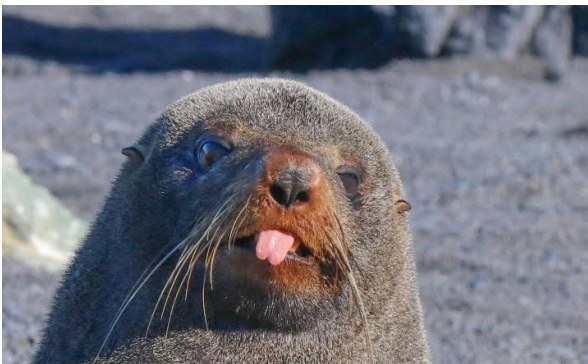


Photo competition winners clockwise from top left: John M, Colin J, Colin J, Club Archives: Alan B, Alan B, John M

Heretaunga Tramping Club Meeting and Trip Information

Upcoming Meetings

Date	Chairperson	Speaker and Topic	Host/Supper
2019			
25 Sept	Graeme Hare	Colin Jones Two trips in Hokitika Valley 45yrs apart	H – Janice Love S – Des Smith
9 Oct	Des Smith	Quiz Night	H – Susan Lopdell S – Ray Manning
23 Oct	Pam Turner	Open Night	H – Penny Isherwood S – Graeme Hare
6 Nov	John Montgomerie	Anne Cantrick Three FMC trips in a row!! Eastern Europe	H – Anne Doig S – Colin James
20 Nov	Alan Berry	Annual General Meeting	H – Jude Hay S – The Committee
4 Dec	Colin James	Open Night	H – Philip Mardon S – Alan P + Christine
18 Dec	Fred Chesterman	Christmas Gathering starting 6:30pm Bring a wrapped gift of < \$10 value	H – Brent Hickey S – Marion N + friends
2020			
15 Jan	Philip Mardon	Open Night – Happy New Year	H – John Montgomerie S – Janice Love
29 Jan	Anne Cantrick	Fred Chesterman: Farming all my life	H – Alan Petersen S – Kim Morgan
12 Feb	Anne Doig	Produce Auction Proceeds to Rescue Helicopter	H – Pam Turner S – Penny Isherwood
26 Feb	Jude Hay	Open Night	H – Graeme Hare S – Randall Goldfinch
11 March	Randall Goldfinch	General Auction [including Xmas gifts you don't want]. Proceeds to Rescue Helicopter	H – Scott Campbell S – Roy Frost
25 March	Graeme Hare	Hans Rook, conservationist of the highest order	H – Daniel Haddock S – Raewyn Ricketts

Meetings Sub-Committee: Graeme Hare, Philip Mardon

We want ideas for club night speakers and activities.

Supper: Put out cups, wash dishes, leave kitchen clean and tidy, and generally help Joan and Alasdair. Sweep floors and check that heaters and lights are off at the end of the meeting. Don't drag the furniture as it marks the floor.

ARE YOU FIT ENOUGH TO TRAMP?

Even the easiest of club trips requires a reasonable degree of fitness and from time to time, tramps have been seriously delayed by unfit party members. While individuals may have varying degrees of basic fitness it is unlikely that a person who has a sedentary job or who plays no sport will manage an average B Party trip. The best preparation for tramping is tramping and there are hilly places in Napier and close to Hastings which make excellent training areas. For example, a walk from the cattle-stop car park in Te Mata Park to the top of the peak via the big redwoods and back to the cattle-stop via the roadside track with an eight kilogram pack should take about 70 - 80 minutes. Further, this pace should be able to be maintained for five to six hours.

TRIP GRADINGS

EASY: 4-6 hours tramping - suitable for beginners.
 MEDIUM: 6-8 hours tramping - suitable for those with some experience.
 HARD: 7 hrs+ tramping - experience and a high level of fitness necessary.
Unless specified an "A" trip would have a **HARD** grading and a "B" trip a **MEDIUM** grading.

GEAR LIST FOR DAY & WEEKEND TRAMPS

DAY TRIPS		WEEKEND TRIPS
<u>Wear/Carry</u>	<u>Carry</u>	All items listed for day trip plus
Pack and pack liner	Map and compass	Sleeping bag
Boots and gaiters	High energy snacks	Sleeping mat
Socks	At least a litre of water	Food for three additional meals
Parka and over-trou	Lunch	Cooker, billy and matches or lighter
Fast-drying shorts	First aid kit	Extra snacks
Fleece or woollen jumper	Torch, spare batteries and bulb	Toilet gear, small towel and toilet paper
Long-johns & singlet	Sunscreen	Additional warm clothes
Sunhat & warm hat	Emergency food	Plate, mug, cutlery
Gloves/mittens	Survival kit (whistle, cord, matches, pencil, paper)	Tent/fly if required
Overmitts		
Whistle	Complete set of spare warm clothing	

Leave at vehicle: Complete set of clothing for the return trip and a mug with tea/coffee/chocolate or whatever to have a hot drink from the Clibbornette.

OVERDUE TRAMPERS

Although returning parties plan to be out of the bush before dark safety considerations must come first. This may mean that parties are late returning to transport. Even after arriving back at the transport, it may take two hours or more to return to the embarkation point. Beginners should make sure that anyone who might worry about them is informed of this. Leaders will try to get a message through to one of the "overdue contact" people listed below if a trip return seems likely to be later than 10:00 pm. All newcomers should ensure that their own emergency number is noted in the party list that the leader leaves in town. For all enquiries about overdue trampers please ring one of the following:

John Montgomerie 877 7358 Graeme Hare 844 8656 Glenda Hooper 877 4183

TRIP LIST 2018

Although the area for the trip is generally adhered to, the suggested objectives may change for a number of reasons. For pre-trip enquiries contact the organiser or John Montgomerie, Ph 877 7358. Please email trip requests to htc@orcon.net.nz

Cancellations: If you cannot make a trip please contact the leader BEFOREHAND so as to avoid unnecessary delays for the rest of the party.

Wed 25 September Central Hawkes Bay Cycle

Immerse yourself in the rolling countryside along quiet roads.

Organiser: Alasdair Shaw Ph 877 6225

28/29 September Kiwi Saddle Hut \$15 Map BJ37

Into our club hut from Lakes Road carpark: on a good day it is worth going up the ridge behind the hut for an hour or so to get views across to Ngamatea in the west and the main Kaweka range to the north. The keen ones could do the circuit up to Kaiarahi and down Rogue Ridge and so loop back to the carpark.

Organiser: Graeme Hare Ph 844 8656

Wed 2 October Kaweka Flats

A pleasant walk through the beech forest; maybe a squiz at Iron Whare!

Organiser: Scott Campbell Ph 879 8554

Wed 9 October Cycle to Kahuranaki Hill

Start at Red Bridge and head south.

Organiser: Jim Hewes Ph 877 6784

13 Oct Makairo Track, Waewaepa Range \$20 Map BM35/36

We will drive to Hopelands Road (just east of Woodville), cross the Manawatu River to eventually access Waituna Road which will take us to the Makairo Track. This track was once a through-road to the Coonoor area but is now only for walkers and bikers. This return tramp has few hills and passes through pretty, re-vegetating bush.

Organiser: Susan Lopdell Ph 844 6697

Wed 16 October Tramp to Stansfield Hut – Ruahine FP

Organiser: Rodger Burn Ph 877 6322

Wed 23 October Cycle ride from Clive to Bay View

Organiser: Mr Lyn Gentry Ph 875 0542

Oct 25/26/27/28 Labour Weekend

Western Tararua Range or Pirongia Forest Park

Maps BN33/BP33 BE32/33

Pirongia Mountain is an ancient volcano, is a distinctive landmark 25 km south-west of Hamilton. Extensive views of Waikato across to the Kaimai Ranges and the west coast harbours are available from various high points. There are a number of short day tramps in the area plus a through tramp which will include overnighing at Pahautea Hut.

Tararua Option starts at Otaki Forks carpark and goes up to Field Hut, (2-3 hours) or Kime Hut (5-6 hours) for the first night. On Saturday explore the area out towards Hector. We have the advantage of Friday as a holiday which gets us one day ahead of others who may take over the Tararuas. So, two nights at Kime then on Sunday back to Bridge Peak, north-east via Vosseler, Yeates and McIntosh then down Pakihore Ridge to Penn Creek Hut. On Monday, it's out to Otaki Forks roadend. If the weather on the tops for Sunday was not good and Saturday was then doing the route to Penn Creek on Sunday has advantages. About half of this trip would be on the open tops. Please contact the organisers ASAP so they can do the necessary organisation.

Organisers: Susan Lopdell Ph844 6697(Pirongia) John Montgomerie Ph877 7358 (Tararua)

Wed 30 October Boundary Stream and Shines Falls

North of Napier and inland from Lake Tutira.

Organiser: Joan Ruffell Ph 877 6225

Wed 6 November Cycle the back roads of Havelock North

Organiser: Alan Berry Ph 877 7223

Nov 09-10 Cairn Trip and Cairn Refurbishment

\$ nil

Map BJ37

The Cairn Memorial this year is a weekend trip in order to 'rebuild' the cairn to closely resemble its original form. This will involve the help of many able-bodied members and will take two days. Accordingly, this will necessitate overnighing up there, weather and water permitting or dropping down to Back Ridge Hut for Saturday night.

Organiser: Graeme Hare Ph 844 8656

Wed 13 November Lake Tutira Area

The lambing should be over so we can walk along the tops for the great views.

Organiser: Lynn Walch Ph 650 6965

Wed 20 November Cycle to Camp David

Probably start at Mutiny Road; chocolate fish hill challenge is still around.

Organiser: Christine Hardie Ph 844 9590

Nov 24 Longview Area – Ruahine FP

\$15

Map BL36

To the end of Kashmir Road, up to Longview Hut, down the Pohangina River headwaters route to Top Gorge Hut; south-east to ridge, up past Rocky Knob, Longview and back down to carpark. It is a long time since the club has been to Top Gorge Hut, which has recently been given a facelift!

Organiser: John Montgomerie Ph 877 7358

Wed 27 November Mystery Cycle
Organiser: Rodger Burn Ph 8776227

Wed 4 December Tramp to Sunrise Hut - Ruahines
Organiser: Des Smith Ph Mob 022 3706 118

Dec 8 Okeoke Stream via Frost Flats \$20 Map BG37
 Drive along SH5 to Frost Flats where the truck will go in as far as possible. Follow Okeoke Stream to an amazing waterfall and out to the bridge on the Napier-Taupo highway. A shorter option is to walk upstream from the bridge and return the same way.
Organiser: Peter Berry Ph 877 4183

Wed 11 December Cycle to Clifton
 Time for Xmas cheer again – where did the year go?
Organiser: Rodger Burn Ph 877 6322

Wednesdays 18th Dec 2019 – 29th Jan 2020 Weekly Cycle Rides as Requested
 Charge up that new eBike battery and come for a test ride.....

Sun 5 Jan 2020 Porangahau Beach \$20 Map BM38
 Porangahau Beach is sheltered by large headlands at both ends. This is an opportunity to walk down to the rocks or alternatively up to the river mouth.
Organiser: Jude Hay Ph 027 517 4275

11/12 Jan Northern Tararua crossing; He Ara Kotahi Pathway \$25
Maps BM34/35 and BN34/35
 Saturday is a 6-7 hour crossing of the Tararua Range starting from Naenae Road, south-west of Pahiatua. The track goes across farmland then up a stream and through a goblin forest to meet Otangane Loop Track. This track takes one to Sledge Track to descend into Kahuterawa Valley to our transport. The western part of this traverse we did with the Whanganui Tramping Club a few years back when we visited the platinum mines. We will spend the night camped at Fred's Manawatu farm. The Sunday walk follows the shared pathway, He Ara Kotahi, starting near Massey University and walking through to Linton Army Camp with a detour to walk the new \$19,000,000 pedestrian/cycle bridge over the Manawatu River.
Organiser: Glenda Hooper 877 4183

Sun 19 Jan Tutira Arboretum and Lake Kayaking \$15 Map BJ39
 A leisurely walk at Guthrie Smith Arboretum on an existing 10-hectare hill face area; a walking track through it, The Hanger, provides an interesting bush backdrop to the homestead and arboretum. This can be followed by a fun opportunity in the afternoon to kayak on Lake Tutira.
Organiser: Anne Doig Ph 8788694

25/26 Jan Waikamaka Hut - Ruahines \$15 Map BK36
In to our club hut, Waikamaka: up the Waipawa River, over the saddle and you're there!
There may be some jobs to do and firewood to collect. The river will be warm by then.
Organiser: Graeme Hare Ph 844 8656

Sun 2 February Tutaekuri Gorge - KawekaFP \$15 Map BJ37
Walk to the Tutaekuri River and over MacIntosh [no longer the three-wire] Bridge then down the gorge, exiting at Lawrence Road junction. Will need transport re-location.
Organiser: Susan Lopdell Ph 8446697

Wed 5 February 2020 Pourere Beach
Enjoy the coast - subject to tides as usual.
Organiser: Heather Stephenson Ph 843 9157

Wed 12 February 2020 Cycling in Maraetotora
Along the road to Mohi Bush or even further to Waimarama
Organiser: Lynn Walch Ph 650 6965

15/16 February Clements Road Area Kaimanawa \$20 Map BH37
A chance to see the famous Kaimanawa Wall: turn off SH5 on to Taharua Road then Clements Road, stopping to view Kaimanawa Wall along the way. Then we set off along Hinemaiaia Track (6-8hrs) to Cascade Hut [six bunks and plenty of tent sites] for the weekend. Nearby is Ignimbrite Gorge on Tauranga-Taupo River. There are many campsites along Clements Road itself for those wanting to do short walks.
Organiser: To be advised

Wed 19 February To the Gums and Beyond – Kaweka FP
Walk alongside the mighty Mohaka as far as you like.
Organiser: Graeme Hare Ph 844 8656

Wed 26 February Cycle in Central Hawkes Bay
Waipawa to Onga Onga, for a start.
Organiser: Garry Smith Ph 844 9931

Wed 4 March Mount Erin
We plan to head to the top on a 4-WD track.
Organiser: Rodger Burn Ph 877 6322