Bulletin No. 3.

1st September, 1936

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The delay in issuing this number is due to the necessity of arranging further fixtures, as the winter programme and also the Club's first year is nearly at an end.

The Club has suffered a serious loss in the departure of Peter Lattey to a post on the East Coast Railway. As a Leader he has been useful, (taking particular care to see that his parties have had adequate halts for meals), while, as a general live-wire, he has taken a leading part in the preliminaries of the Kaweka Hut, besides hurling himself into most of the controversies that have arisen in the Club. An anthusiast, he has been to the fore in running unofficial trips, one of which. to the Chateau from Kuripapanga, was a particularly good effort. He taught us some good songs too.

The first Annual General Meeting of the Club will be held in the Club-room at 8 p.m. on Friday, October 2nd.

Business :

Consideration of Annual Report and Balance Sheet. Election of Officers /Nominations to be handed in by S p.m. on the day of the meeting. Officers Not Electei: Hon. Secretary, Hon. Treasurer, Chief Cuide, Social Committee, and Hon. Auditor, who are appointed by incoming Committee. Notices of Motion re Rules.

General.

Members are requested to make a point of being present.

Ration Lists. (longer trips).

In the last bulletin ration lists were given for week-end trips For trips of three lays or more weight becomes an important factor. Two main rules, tested by experience, allow for sufficient food while keeping weight down to a possible figure :-

Allow 2 lbs. of food per man per day /Minimum).
Carry as little moisture as possible.

That is to say, with an allowance of 20 lb. for personal equipment and, say, 4 los. for a share of tent, axe, billies, etc., a further 16-18 lbs. of food will be sufficient for a week's trip with a day or two's extra rations in case of delay - a total of 40 - 42 lbs. As an example, on two trips across the Kaimanawa of seven and eight and a half days, the average peck in each case has been 46 lbs. (Reasonable maxima for a bush trip are men, 50-55lbs., women, 32-35 lbs.) In both cases a rifle was carried and fresh meat secured. On the first trip about two days' rations were left over, on the second, 21 lbs. per man - a reasonable reserve in either case.

As regards choice of food, heavy or bulky items, such as bread, vegetables and tinned food, have to be cut down or cut out, and those which give bulk when prepared with water, /Flour, rice, soup powders, etc.), substituted. A preater proportion of proteins /meat and cheese) is necessary than on short trips where food with an immediate fuel value /sugar) is most useful. Flour is best used to make drop scones, or with two deep plates to bake a scone loaf in the embers - about a twenty-minute job. Rice boiled by allowing 41 parts of water to 1 of rice, starting cold and boiling until all the water has been taken up, comes out very well.

At the same time it is most inconvenient to have to prepare have for every meal and allowance should be male for a + least one meal per day that can be eaten without boiling up.

The following is a personal list which has proved satisfactory, though capable of improvement :-Total.

Bread and/or nut loaf, biscuits, }"hiking", malt, chocolate) 3 lbs. 3 lbs. Meat (fresh), 1 1b. (preserve i, bacon and/or corned, potted)  $2\frac{1}{2}$  lbs. <u>Butter 11b. Honey</u> 1 1b. <u>Sugar 1</u>; 1b. <u>Driei Fruit</u> 2 1bs. <u>Flour</u> 1 1b. <u>Rice</u> 1 1b. <u>Ostreal</u>; 1b. <u>Driei Milk</u>; 1b. <u>Tea</u>; 1b. <u>Cocoa</u>; 1b. <u>Salt</u>; 1b. <u>Soup packets</u>; 1b. 子lbs。 牙lbs。 21bs. l 1b. Cake 1 1b. Eggs, dozen. 追16.

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Past Trips.

No. 21. July 5th. In the first place the sight of Cook's Horn sticking above the snow lure i the week-enders off to an ascent

under winter conditions; seconily, the main body started so early that they needed to stop at the Waikarakoko for second breakfast; thirdly, the hut committee heli work while they discussed an alternative method of construction; lastly, it rained solidly all afternoon. Still some work was done and the party stood the unpleasant conditions - the club's worst to date - like old campaigners.

28 - Leader : Geof. Piessie.

No. 22. July 19th. (Cancellei fainthearteily at 6 a.m. with the rain coming iown in buckets in the iarkness. The iay dawned fair and a private party set out during the morning, reaching approximately Kopua Trig about 12 hours north of the Titiokura stille. The Maungaharuru is sheep country, limestone terraces on the west and a curious labyrinth of winding gullies on top. The view was fully up to expectations).

A consolation trip set out for the Maungaharuru next July 26th. Sunday but the weather condition; were bad, mist and drizzling rain. Accordingly the party cast themselves upon the hospitality of Mr. Dampney and used the Fland woolshed as a base, where some slept off the Maraenui ince and others tramped the Otakawai-Stream.

16 - Leader :: Ian Powell.

No. 23. Aug. 2nd. The week-end gale had supplied mow, a superabundance of it, so that the lorry did not venture as far as Kuripapanga. Howsvar, the Blowhard was negotiable and made the ascent of Oattle Hill (3313'). The day was beautifully fine and those that reached the top were rewarded with a glorious view of mowy ranges from north to south.

18 - Leader : Dave-Christie.

No. 24. Aug. 16th. Shut Tye Shack. The lorry made a smart getaway and the only delay was caused by a halt at the Waipewa

Bridge to discuss the probable thereabouts of the "ripukurau T.C. Reaching the hut at 12.10, the party was shortly rejoined by a semi-detached advance party, which had been blazing the route up from the forks. The ridge was pretty breezy, the high tops being smothered in mist all day and squally of sleet and hall be ting down, but most of the party tool run up trig 50 (4978'), by way of a convenient mow irift on the lee side t the remainder discovering a new application of the name "Shut Eye" in con-junction with a smoky fire. As we returned to the road the soud thinned and cleared to give us our first view of LXVI and Eangi o te Atua.

30 - Lerder : John von Dudelszen.

Ellis's Hut. The weather report was lively and the No. 25. Aug. 30th. d y didn't open promisingly but a large p'rty set off re dy to free it and met nothing worse than occasional The main bodyleft the lorry at 10 r.m. and, after getting some light showers.

entertainment from the antics of the divince party, who were zig-zagging bout the first ridge, settled down to follow the track up the Poutaki stream. The trip to the hut took a little over three hours for the laggards over a first rate track. The hut is quite a roomy one and in good repair, with a very interesting gallery of ancient allustrations on the walls. S Some of the party scouted round picking up routes to the main range while the photographers provied in and out of the scrub seeking views, like som many be sta of prey. The return trip was made in times varying from 2 hrs. ten minutes to 3 hrs., and the party was back in Hastings at a fairly early hour.

34 - Letder : Norman Elder.

## Club Room Events.

The President gave an address on Native Birds with lantera slides from the Bird Protection Society on July 17th. The slides were of varving quality but the address was most interesting and there was a good shout story with wekks as the perpetrators.

<u>Aug. 14th</u>. Norman Elder gave a talk on high country plants taking first forest, scrub and tussock plants, then examples of the main botanical families and finally, some of the main features of plant distribution in the Rushine and Koweka ranges.

## Future Trips.

No.	26.	Sept. 13th.	Koweks. Hut Site. A workin at the hut and should have a building on exhibition.	omething like a habitable
No.	27.	Sept. 27th.	Yeoman & Garner's. Trig. K good bush acrimble ob about top bove Ellis's Hut with a Makaroro Basin.	four hours to a clear
No.	28.	Oct. 11th.	Buketitiri. Details to be a	rranged. Les. Holt.
No.	29.	Oct. 24-26th	L bour Dry. Herrick's Hut - Ruchine Hut. Saturdry mid of ersy strges, as it is a p After the climb up Herrick's (4600'). the rest of the trip grade round the herd of the Ruchine Hut.	day start will permit leasant 2-day trip. Spur to Ohawai Trig p is on a steady falling.
No.	30.		Kidn ppers /tides permitting) general. Week-end.	cr vfishing in i Drve Williams.
No.	31	Nov. 21st.	K roro River and investigat	e Te Atus Mahuri track. George Snadden.
No.	38	Dect.6th	Tuki tuki River. Route to 5330 Week-end.	of from Hindman's. Ian Powell.
No.	33	Christmas and or New Year.	/ Kaweka Hut as base - deta	ils to be arraged.
No.	34	J'n 17th	Tutira L ke.	Rolf Key3.
ИЗ.	- 35	Jan 31 st	Rongi o te Atur.	John von D. delszen.

## Social Programme.

Sept. 11th. Demonstration of First Aid St. John's Ambulance. Sept. 17th. Annual Dance - Havelock North Town Board Hall.

> 0'. Ye Trampers take Notice and Ye Must Meet To bring forth Music, Mirth and Merriment, At the one night of the Year, Why? It is the Heretsunga Tramping Club's Happy Birthday Party, We must therefore tramp, tramp, tramp, From Hastings to a village of the Hills, (Havelock North), where the trumpets will call Happy Greetings to all members and fitends At 3.30 p.m.-a.

Take heed and note, All Club Lady members must present One plate - oh! But it must be full of eats- Hurrah. Men are requested to present 3/-Other ladies, non-members, 1/6.

Music charms will be presented by Gordan Redward and partners.

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Sept. 25th. J.W. Palmer - some Sidelights of the 1936 N.Z. Ski-ing. Champs and Inter-Dominion Contest.

Oct. 2nd. Annual Meeting.

Oct..9th. Address on the Southern Alps by Mr. Hugh Chambers.

Oct. 23rd. Travel Talks. (Speaker to be arranged).

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